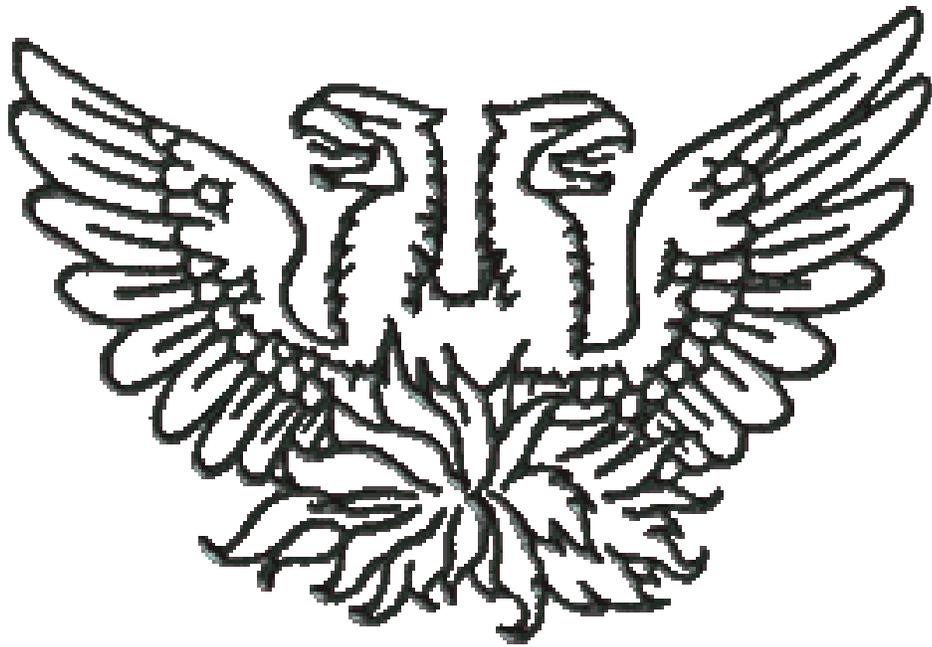


# THE PHOENIX



FEBRUARY 2011

AS XLV

VOLUME 25 ISSUE 2

## TABLE OF CONTENTS

1. COVER PAGE
2. TABLE OF CONTENTS
3. OFFICERS LETTERS
4. § 5. BARONIAL MEETING
6. § 7. MISSIVE FROM THE E-LIST
8. WHAT'S NEW ON THE FLORILEGIUM
9. § 10. SACRED STONE COOKS!
11. CALENDAR
12. REGNUM
13. DISCLAIMER

## FROM THE SENESCHALE

In this newsletter you will find a copy of an email that went out to the Baronial e-list.

This message was written to explain to the issue that has arisen with War of the Wings and Coronation. Please take the time to read through the missive and if you have any comments or questions contact me at [seneschal@sacredstone.atlantia.sca.org](mailto:seneschal@sacredstone.atlantia.sca.org).

In service,

Lady Murienne, Seneschale

## A "LETTER" FROM THE CHRONICLER

This newsletter is brought to you by the letter *S*.

Have a nice day. :-)

YIS,

Lady Nuala

## JANUARY BARONIAL MEETING

Meeting was held on Jan. 23rd at Winston Salem State University. Meeting started at 1:15

**Seneschals Report** - Nothing major to report. The pollings have been sent.

**Exchequer's Report** - First, congratulations are due Lord Edmund. Sacred Stone's 4th Quarter and doomsday report were the first turned into the Kingdom. The balance sheet is included later in this newsletter.

**Knight's Marshal's Report** - Baron Johan von Rothenburg has turned in a letter of intent for the knights marshal position. The Baron and Seneschal have approved the letter. A vote was called and Baron Johan was unanimously voted in as Marshal.

**Rapier Marshal's Report** - We are growing as a rapier force. I am looking to try to start working on Group tactic for the wars to come. I have seen a positive push in the right direction, lets keep it up. Looking forward to warmer weather and great times to come..

**Archery Marshal's Report** - Archery has been slow due to cold weather. CB is having weekly practice on Sundays. Other practices will start back up soon.

**MoAGS's Report** - A call for letters was put out. One letter was received. Baroness Maeve Griffinsward was voted upon and approved. Also approved by Seneschal and Baron.

**Herald's Report** - Lady Prudence the Curious has turned in a letter of intent. The letter was approved by the Baron and the Seneschale. A vote was taken and Lady Prudence was approved to become the Baronial Herald.

**MoL's Report** - MoL asks that Marshals inform the MoL of the type of tournament to be held at an event so that they can make sure that they have the proper paperwork.

**Chronicler's Report** - Nothing to report.

**Chatelaine's Report** - For these 2 two months we attended 1 baronial level event DDR, we had 1 newcomer, and 6 returned for a long absents. Welcome back to all. I am still looking for a replacement for when I step down in April

**Webminister's Report** - Two letters have been received for the Webminister's position. There was some discussion and a vote. Lady Annora Hall will become the Webminister and Lady Alexandra Scott de Northumberland will be asked to step up as the Deputy Webminister.

**Coronet's Report** - Nothing much to report. Had a wonderful time at Songs of the Stone, and thoroughly enjoyed feast.

### OLD BUSINESS

**Financial policy - WOW Fund & Travel Fund** - Discussion on the proper wording of the designated funds for the Barony. It was tabled until the next meeting with the request that people come up with wording suggestions.

**Silk Banner Supplies** - A discussion was had about the barony providing silk banner supplies. It was decided that from now on the Barony will provide silk and that the local groups will provide the rest of the materials. Also decided that the Barony will buy one last round of supplies before changing over to the new agreement. Mistress Sine was written a check for \$250.00. Also talked about the need to keep track of who has used the supplies to make a personal banner. If you have made a banner with the baronial supplies please let the MoAGS know.

**Barony @ Gulf Wars** - Lady Murienne has offered to run a meal plan for the Barony at GW.

**War of the Wings - Crown Request, Future dates, Coronation** - The report on this is included later in the newsletter.

**Polling - Paper & Envelopes available, deadline coming soon** - The pollings have gone out and are due back to Their Highnesses on February 7th.

### **CANTON REPORTS**

**AF** - Still holding weekly canton gatherings and there is a fighter practice at Bryan and Brianna's home on Wednesday night.

**BD** - Held a Canton meeting and is working on the prep for Drums of War - June 17-19.

**CC** - Tuesday A&S @ Egill & Ulivetta's. Day in the Park-July 9. Boar Hunt - Oct. 28-30. Open A&S day @ Egill & Ulivetta's.

**CB** - Weekly Archery. SAAD—April 29-May 1. Friday Dinner & Lunch Saturday are fundraisers. Dinner Saturday is potluck.

**MG** - Middlegate hosted Songs of the Stone yesterday, and it went very well. Lady Nuala was awesome as the autocrat for the event. There were 83 people through the door. We look forward to hosting it again next year. THINK SPAIN people. And coming in 2013...Rome. Middlegate is looking at hosting Baronial Unevent in the first week of July.

**SG** - We are holding A&S on every other Thursday 6pm til 9 pm (open to all) on the off week is by appointment ( call to see if we are able) Open days .....Feb 3 and 17th

Fighter practice ( heavy & rapier) Every Sunday 2:30 pm til ??? Granite Quarry Civic Park

Archery is on Hold til warm weather returns.

We are holding 9th Annual St Urhos Tourney - March 12, 2011

**Next Meeting** - February 27

## Missive from the E-list

There were a few things talked about at the Baronial meeting on Sunday that I wanted to get the word out about. First, we have a few officer changes that I would like to announce.....

Herald- Lady Prudence the Curious (will take office now)

Knights Marshal- Baron Johan von Rothenburg (will take office now)

MoA&S- Baroness Maeve Griffinsward (will take office next month)

Webminister- Lady Anorra Hall (will take office now)

Offices that are open or coming open soon....

Chirurgion - Open

Minister of Minors - Open

Chatelaine - Open in April

Next, we talked about working on the proper wording for an addition to the Baronial Financial Policy. We have two dedicated funds in the Baronial account and need to add to our policy how we handle designated funds. Basically wording to say that the money in the fund is for the use of that fund only, until such time as we decide to cancel the fund, at that time any money in the fund will return to the general fund. This was tabled til the next meeting in order to bring it to the rest of the Barony, and to make sure that any wording we come up with is approved by Kingdom before being added to our policy.

Finally, because big news travels fast and I want to make sure that everyone knows what happened at the meeting and not the "heard from a person, who heard from a person who heard from a person that was there" version.

First some background, on December 6 I received an email from the Kingdom Seneschal asking that we consider moving War of the Wings to a different date, that is not back to back with Fall Coronation. I spoke with Master Bran, the current Event Steward about this and we both agreed that it would be a huge undertaking and would adversely affect the event. I spoke with Mistress Alesia soon after and let her know that moving the event, which was already on the Kingdom calendar, and was already well into the planning and prep, was not something that we wanted to consider doing.

At 12th Night, His Highness asked for myself as Seneschale and for the polling candidates on site, Lady Nuala, Lord Edmund & Lady Caitlin to meet with him and the Kingdom Seneschale to discuss WOW. His Highness gave three options for 1. Move WOW, 2. Move Coronation 3. Move Coronation to WOW's Weekend. After much discussion the candidates and I agreed that we would carefully look at the pros and cons and get back to them as soon as possible regarding this year's event and we would bring the issue to the Barony regarding future years.

I spend time that evening speaking with the candidates, the current event steward, and a past event steward. We looked at the options, the effect moving would have on the event, the money that had already been spent, and the staff that would need to be replaced if the date changed. Upon arriving home I spoke with Mistress Sine also to get her view on the situation. I responded to TRH, and to Mistress Alesia, saying that after reviewing the situation I still saw no way that we could move the event without doing major harm to the event itself and causing considerable upheaval in the already advancing event preparations.

Lady Nuala spoke to me about the idea of having Coronation at WOW, which was mentioned at the meeting but never really talked about. I spoke with Master Bran and we agreed that it could be a possible option. I emailed TRH and Mistress Alesia about the idea, no response was given.

### Missive from the E-list (continued...)

That brings us to Sunday's Baronial meeting, I did as I had promised and brought up the possibility of changing WOW to another date in the future. After giving background on the situation so that the populace knew this was not a spur of the moment request. We discussed the possibility of moving the event. It had been agreed that WOW needed to stay on a holiday weekend so the option of Labor day, which is the only other available and viable option was discussed. It was not met with approval. The heat (which has been a factor for us doing SSBB at the castle site with a few hundred people and a couple of horses it would be even more of a concern with 1,000 people and 20 horses), closeness to Pennsic (a 2 week turn around is a bit much to ask staff and attendees, when people start prep for Pennsic alone a month in advance), and family obligations (with the Holiday itself and school starting for kids and college students) were all given as reasons to not move to Labor Day. The option of having Coronation at WOW was discussed and it was agreed that we could put that forth as an option for the Kingdom to consider, as long as we could negotiate the profit percentage as we are still building our dedicated fund.

The population in attendance included all of the polling candidates, the current Event Steward, and a good number of people that have been on staff in the past or are staff for the current year. I spoke with his Excellency Baron Axel that evening about the situation and he was in agreement as well.

Monday morning I contacted the Kingdom Seneschal by email, and Monday evening I spoke with her on the phone. I informed her of the discussion at the meeting and also about the option for Coronation at WOW. She stated that if Coronation was held at WOW that the profit split would need to be as is the norm for Coronation, 50%. I told her that I could not say yah or nah to that on behalf of the Barony since we had requested to negotiate the percentage. I said that, if that were the case I would have to talk to the populace before committing to that being an option.

So, as of this emailing it stands that WOW is not moving from it's current date on the Kingdom Calendar. Our decision regarding future dates was forwarded to TRH. I will keep you informed as to any response I get.

I will be adding the WOW/Coronation profit split issue to the next meeting agenda.

In service as always, to this beloved Barony,

Lady Murienne

Seneschale, Barony of the Sacred Stone

## What's New on the Florilegium

Below is a message from THL Stephan li Rous Owner of Stephan's Florilegium. Also included is the list of new files being added for February. As always there is a wealth of information to be had!

### A Blending of the Past and Present

Over the past twenty-one years in an ongoing effort, I have been collecting bits of useful information from various newsgroups, mail lists and articles submitted to me by their authors. In order to make this information available to others, I have placed this information in a collection of files called Stefan's Florilegium.

The Florilegium is on the web at: <http://www.florilegium.org>

I am always interested in new articles. If you have written an article that would be of interest to others in the SCA, please send it to me for possible inclusion in the Florilegium. A&S documentation and class handouts will also often work out well. I am especially interested in research papers submitted as A&S entries.

The Florilegium now has an RSS feed for those who want an immediate alert when new or updated files are uploaded to the website. Advertisements on the site pay for its upkeep. If you enjoy the Florilegium, please click on an ad or two whenever you are there.

THLord Stefan li Rous Ansteorra stefan at [florilegium.org](http://www.florilegium.org)

#### In the BEVERAGES section:

N-Guid-Brewing-art "Yet Another Newbie Guide to Brewing"  
by HL Rory McGowen.

#### In the CELEBRATIONS AND EVENTS section:

Grimfells-Ren-art A dog's viewpoint of the 2009 Grimfells  
Renasissance event in Calontir by Baroness  
Jenna of SouthWind, OP.

Ransom-Leylnd-art A dog's viewpoint of the 1999 Ransom of  
Leyland event in Calontir by Baroness  
Jenna of SouthWind, OP.

#### In the FEASTS section:

Med-Fsts-CPHP-art "Medieval Feasts - culinary creativity,  
pageantry, honour and prestige" by Lady Dominica  
de Zeragoza.

Here are the new files for this month:

Here are the updated files for this month.

Anglo-Saxons-msg Anglo-Saxon history and culture.

bag-cooking-msg Using plastic bags to warm pre-cooked foods at SCA events. Vacuum food sealers.

cider-msg Apple and other ciders. Cider presses.

dogs-msg Dogs. Barding for dogs. dog collars.

Lochac-hist-msg History and description of the Kingdom of Lochac. (Australia, New Zealand)

peaches-msg Medieval peaches and peach recipes.

rabbit-dishes-msg Period rabbit and hare recipes.

salads-msg Period salads. lettuce, greens.

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#### In the FOOD-BREADS section:

cheese-breads-msg Period cheese bread or biscuit recipes.

#### In the FOOD-MEATS section:

beaver-meat-msg Eating beaver and beaver tail in period.

#### In the NEWCOMERS section:

Volunteer!-art "Volunteers in the SCA" by Mistress Jane Beaumont.

#### In the SCA-SOCIOLOGY section:

Politics-SCA-art "Politics in the SCA or Machiavelli never had  
to deal with THIS" by Joseph of Locksley, OL, OP, Sc.

#### In the SCA-STORIES section:

Tin-Foil-Trag-art "Tin Foil Tragedy". A tale from Trimaris.

# Sacred Stone Cooks!

Starting this month the cooks of Sacred Stone will be sharing a period recipe each month in the newsletter.

The first recipe comes from Lady Prudence the Curious. Enjoy!

## RECIPE OF THE MONTH

LEEKs AND ONIONS IN MILK (POREAUx ET OIGNONS AVEC LAIT)

BY LADY PRUDENCE THE CURIOUS

Porée blanche est dite ainsi pour ce qu'elle est faite du blanc des poreaux, à l'eschinée à l'andouille et au jambon, ès saison d'automne et d'iver à jour de char; et sachez que nulle autre gresse que de porc n'y est bonne.

Et premièrement, l'en eslit, lave, mince et esverde les poreaux, c'est assavoir en esté, quant iceulx poreaux sont jeunes: mais en yver quant iceulx poreaux sont plus viels et plus durs, il les convient pourboulir en lieu esverde, et se c'est à jour de poisson, après ce que dit est, il les convient mettre en un pot avec de l'eau chaude et ainsi cuire, et aussi cuire des oignons mincés, puis frire les oignons, et après frire iceulx poreaux avec les oignons qui jà sont fris; puis mettre tout cuire en un pot et du lait de vache, se c'est en carnage et à jour de poisson; et se c'est en karesme l'en y met lait d'amandes. Et se c'est à jour de char, quant iceulx poreaux d'esté sont esverdés, ou les poreaux d'iver pourboulis comme dit est, l'en les met en un pot cuire en l'en les met en un pot cuire en l'eau des saleures, ou du porc et du lart dedans.

**Nota que aucunesfois à poreaux, l'en fait liaison de pain. (MP 139-140)**

Translation - Redon p.66

White porée is so called because it is made with the white of leeks (served) with pork loin, andouille, or ham on meat days in autumn and winter. And note that no fat other than that of hog is suitable for this. First, pick through, wash, slice and éverde the leeks if they are young, i.e., in summer; in winter, when they are older and tougher, it is better to boil them than to éverde them. And if it is a time of abstinence, after having prepared them as indicated, you must put them in a pot with hot water and cook them; also cook sliced onions, fry them, and then fry the leeks with them; then cook everything in a pot with milk, whether it is a meat day or a day of abstinence; but if it is Lent, substitute almond milk. And if it a meat day, when the summer leeks have been éverdés or the winter leeks boiled as indicated above, put them to cook in a pot together with the water from salt meat or with pork and pork fat.

Note: Sometimes a bread liaison is made from the leeks (MP 139-140).

## COOKBOOK INTERPRETATION

Redon on pages 189 to 190 gives their interpretation of the dish.

## MY INTERPRETATION - For 16 people at a Feast

### Equipment

Sink, Stove top, Cutting Board, Pot, Cooking, Knife, Frying Pan, Sieve/Cor., wooden spoons, Serving bowls, spoons, Measuring cup (wet)

### Ingredients

2 leeks  
1 onion (White or Yellow)  
1 cup cream  
1 cup milk  
2 tablespoons oil or lard or butter  
Water and salt

### Process

1. Slice and carefully wash the leeks. You may do the root only, or include the stem.
2. Cook in boiling salted water for a few minutes. Drain and return to the saucepan.
3. Peel and slice the onion. Sauté over low to medium heat in 2 tablespoons oil until it is very tender but not browned.
4. Combine the onions and leeks (in the saucepan). Add the cream and cook for 10-30 minutes more over low heat. Watch carefully and stir regularly.
5. This can be let to simmer several hours if timing of feast requires it.

## Sacred Stone Cooks!

Starting this month the cooks of Sacred Stone will be sharing a period recipe each month in the newsletter.  
The first recipe comes from Lady Prudence the Curious. Enjoy!

### RECIPE OF THE MONTH (CONTINUED...)

LEEKs AND ONIONS IN MILK (POREAUx ET OIGNONS AVEC LAIT)

BY LADY PRUDENCE THE CURIOUS

#### Comments

The recipe is period to late 15th century France, and can be found in *Le Menagier de Paris*.

I chose to include the green stem because I found that the bright green peeking through the mass of white to be beautiful. I chose to boil the leeks and not include them when frying the onion because 1) it created two different tastes and 2) it saved time during the mass production of feast.

I used the milk/cream mixture as period milk would not be homogenized and that gives a higher fat feel to the tongue.

#### Bibliography

Redon, Odile, Françoise Sabban & Silvano Serventi. Translated by Edward Schneider. *The Medieval Kitchen: Recipes from France and Italy*. The University of Chicago Press: Chicago. 1998.

Banham, Debby. *Food and Drink in Anglo-Saxon England*. Tempus Publishing Limited: Stroud, Gloucestershire. 2004.

# FEBRUARY CALANDER OF EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 A&S CC & AF	2 FIGHTER PRACTICE MG,CC	3 A&S MG	4	5
6 ARCHERY-CC, CB, MG, SQ  FIGHTER PRACTICE -MG, SQ	7 CANTON MEETING CC & CB	8 A&S - CC & AF  CANTON MEETING - AF	9 FIGHTER PRACTICE MG,CC	10 A&S MG	11	12
13 ARCHERY- CC, CB, MG, SQ  FIGHTER PRACTICE -MG, SQ  CANTON MEETING - MG	14	15 A&S CC & AF	16 FIGHTER PRACTICE MG,CC	17 A&S MG	18	19
20 ARCHERY- CC, CB, MG, SQ  FIGHTER PRACTICE -MG, SQ	21	22 A&S CC & AF	23 FIGHTER PRACTICE MG,CC	24 A&S MG	25	26
27 ARCHERY- CC, CB, MG, SQ  FIGHTER PRACTICE -MG, SQ	28					

AF=Aire Faucon, BD=Baelfire Dunn, CC=Charlesbury Crossing,

CB=Crois Brigitte, MG=Midlegate, SQ=Salesberie Glenn

# Baronial Regnum

---

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Chirurgion	OPEN		
Minister of Minors	OPEN		

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# Regnum (continued)

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