

*NEWSLETTER OF THE BARONY
OF THE SACRED STONE*



PHOENIX

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FROM THE BARON

Greetings Sacred Stone,

I would like to take this time to thank all of you for your support and love during the 2 years I have been your Baron. We have fought 2 wars together, added our strong arms, artistic abilities and service to the Kingdom in times of War and in times of peace. Sacred Stone has shown herself repeatedly to be a place populated by gentles of skill, prowess and drive. I am proud you all honored me with the title of Baron, Sacred Stone these last years. Thank you all

"Hakkaa Päälle!!!",

Axel

Baron, Sacred Stone

FROM THE SENESCHALE

Greetings to all in the great and gracious Barony of the Sacred Stone,

Spring is upon us, though the weather has yet to make up it's mind between winter and spring. With the onset of the warmer weather comes the beginning of the busy season in Atlantia. We in Sacred stone will kick that off this month with our Baronial Investiture on April 9th and SAAD on April 30th.

We also have a couple of new officers to announce this month. M'Lady Ealasaid MacDonald has offered to become the Minister of Minors. Her offer was voted on at the March Baronial Meeting and was unanimously accepted. Also voted in unanimously at the March meeting is the Barony's new Chatelaine, Lady Nuala ingen Magnusa. I am sure I speak for the whole Barony when I say thank you to you both for taking on these roles.

Vivat, Sacred Stone!

Ever your servant,

Lady Murienne, Seneschale

FROM THE MINISTER OF ARTS & SCIENCES

Investiture has a great amount of A&S going on! The information on the competitions is as follows:

Best use of green & white, any medium. Can you pay tribute to our incoming baronage, Matsudaira Toshiyori Sensei (whose persona is Japanese, born in 1549 and traveled to Europe with the Portuguese) and Mistress Sine ni Dheaghaidh (from the beginning of the 10th century in Dublin Ireland)?

There will be a bardic competition sponsored by Mistress Dervila ni Leanon, the Royal Bard. There will be two rounds: the first will be performer's choice, the second will be inspirational. There will also be two prizes - one for best novice performer (one who has been performing for less than a year) and one for best overall performance. Documentation is requested but not required. Please sign up at the gate.

There will be a poetry competition sponsored by Etienne Le Mons d'Anjou, the Poeta Atlantiae. Please bring your best poem about the history of Sacred Stone, the Phoenix, or our incoming coronets (Matsudaira Toshiyori Sensei & Mistress Sine ni Dheaghaidh)! Performance is not necessary (but feel free to also enter the bardic competition sponsored by our Royal Bard, Mistress Dervila ni Leanon). Documentation is requested, but not required. *If you cannot attend, you can still enter the competition*! Just email your entry to poeta@atlantia.sca.org no later than April 2nd.

Continued.....

Officer Letters Continued.....

MoA&S -

The Order of the Phoenix Eye is sponsoring a Novice arts & Sciences competition with a 2 part categories, "soft" goods (sewing, fiber stuff, string stuff etc.) and "hard" goods (armor, woodworking, pottery, illumination etc). Novices are considered to be anyone who has been doing the art or science for under one year. Please contact the Order Principal, Mistress Sine (sinebee@triad.rr.com), if you need additional information.

Open Display - Show us both your finished projects and works in progress (please contact Baroness Maeve moas@sacredstone.atlantia.sca.org with space requirements).

I'm looking forward to meeting with as many of the baronial artisans as possible at the event!

Hugs,

Maeve

S.A.A.D.

ARCHERY CHALLENGE

To the archers attending these Southern Atlantian Archery Days, a challenge is put before you. Round up your archer companions to shoot as a team in a special shoot during SAAD. Teams of three to four archers can shoot together to be awarded separately from the

SAAD awards. Scores from certain SAAD targets will be combined with special targets just for the SAAD Team Shoot. Oh! And by the way, the team members may wish to get there missile throwing arms ready as well. Any traditional bow may be used with the limit of only one (1) crossbowman per team.

This SAAD Archery Challenge is put forth to the Archers in attendance by me, the Baronial Archery Marshal of the Barony of Sacred Stone.

Lord Eduard deWitte

Order of the Yeoman of the Sacred Stone

MARCH BARONIAL MEETING

Meeting was held on 27 Mar. 2011 in the Canton of Charlesbury Crossing at Master Bran's Clubhouse. Starting time was 1:15

Seneschals Report - I am pleased to report that the Baronial Polling is done. Thank you to all who ran and to all who voted. Investiture is on April 9th.

Exchequer's Report - Total bank balance is \$11,981.70. This is the end of the quarter so please get all receipts and check requests in ASAP.

Knight's Marshal's Report - Not present, report emailed to Seneschale. First my apologies for not attending, This Sunday I am engaged in transporting my daughter home to Durham. I am making an ongoing effort to contact expired marshal's and aid them in getting their paperwork current to increase the number of available marshal's of all discipline's within the barony. If you are a marshal please check the KEM site and make sure you are not expired. I am available to anyone who needs Marshal classes 101 or 201 for Heavy.

Rules update for Heavy fighting: Atlantia has approved the use of the new 2" thrusting tips for fiberglass spears. This requires the use of the manufactured tips sold by Mandrake Armory. Experimentation with other 2" tips continues. These saw extensive use at Gulf Wars and received an overall positive reaction. Please make sure you file reports if you were a MIC for an event or activity.

Rapier Marshal's Report - Not present, no report.

Archery Marshal's Report - Now that the warm weather is here Archery is back in full swing. If you are interested in shooting contact your local canton, each has a practice going on. Encourages everyone to come SAAD at the end of April. There is a new challenge being brought to all you archers out there. Check page in the Newsletter for more information/

MoA&S's Report – Not present, report emailed to Seneschale. Investiture is only 13 days away. Hoping to see many of Sacred Stone's Artisans there. (Information for the Competitions can be found in MoAS Letter).

Herald's Report - Not present, emailed report to Seneschale. The herald list has been active putting together the Royal Court heralds for the morning and afternoon courts for the Investiture. The Royal Courts are now covered. It is my understanding that Baroness Gise is covering at least some of the Baronial Courts of that day

I understand that there was a very good heraldry consulting table at St. Urhos and I would like to thank everyone that supported that activity.

Though I have tried to contact the previous baronial herald through an e-mail that the Barony Seneschal provided, I have had no luck. Does anyone else have means to contact her? We need to get any baronial stuff back from her, especially books owned by the barony and historical records related to submissions.

The Known World Heraldic and Scribal Symposium is going to be located within our fair Barony in June. Please consider attending, teaching classes, or supporting the activities so that the heralds and scribes can concentrate on learning and not doing event jobs like clean-up. It is a great opportunity to meet people from around the Knowne World in a non-dusty, non-war environment. I really enjoyed

the time I went to the Knowne World Fencing Symposium and I learned a lot from classes not usually offered within the kingdom, despite not being a fencer at the time.

MOL's Report - Not present, no report. MOL was at St Urhos, everyone had a good day!

Chronicler's Report - The newsletter has been getting a great number of submissions, keep it up! I am looking for people who might be interested in becoming our next baronial chronicler. If you might be interested please contact me.

Chatelaine's Report - The new baronial chatelaine position was filled as of this meeting, a vote was taken and passed. Lady Nuala ingen Magnusa will be officially stepping up as soon as the warrant has been approved.

Webminister's Report - The last updates were made just prior to Gulf Wars. There have been a few access issues but as soon as they are cleared up the updating will resume.

Coronet's Report - Our baron has thank everyone for their support. Baron Axel's final court will be held at Investiture. He has received word from the crown that they are seeking recommendation from the populace for kingdom level awards.

CANTON REPORTS

Aire Faucon - Working on Flight of the Falcon which will be held the 4th weekend of August. Weekly Canton gatherings, and working on getting a fighter practice together.

Baelfire Dunn - Drums of War - June 17-19. There will be tons of fighting,. Two A&S competitions, a fighter fashion show and a banner display. A hafla Friday night and Dancing under the Stars on Saturday night, looking for musicians for both. Baronial Champions for Heavy, Rapier, EQ, and Brewer will also be chosen.

Charlesbury Crossing - Day in the Park will be on July 9th. This is a FREE event. A&S happens on Tuesdays at Egill & Ulivetta's. Boar Hunt will be this fall. Canton doing lunch at In A Phoenix Eye.

Crois Brigitte - Archery every Sunday at rotating locations. Fencing is also taking place at these practices. SAAD - April 29-May 1, Adult and Youth Archery Champions chosen. In A Phoenix Eye - Nov. 12, Champions chosen will be Bardic, A&S, Youth A&S, Scribal and Cook.

Middlegate - Fundraising at SAAD Friday dinner, Saturday breakfast. Baronial Unevent - June 4th. If you want to teach a class at Unevent please contact Lord Symon.

Salesberie Glenn - St. Urho's went wonderfully! A&S happen on every other Thursday 6:30 pm til 9 pm Fighter practice every Sunday unless posted different at Granite Quarry CIVIC park At 2:00 pm.

OLD BUSINESS

Baronial Polling - Polling has been concluded. Sine & Oshi will become our new Baron & Baroness at Investiture.

NEW BUSINESS

Officers - Ealasaid MacDonald offered to become Minister of Minors, voted and accepted unanimously. Lady Nuala ingen Magnusa turned in a letter to become Chatelaine, was voted on and accepted unanimously.

Ride Sharing - Master Achbar brought up the idea that we need to do more ride sharing . It was agreed that those needing rides and those willing to give rides should post on the Baronial list.

Pearl Promenade - Lady Murienne will be picking up the passports for the Barony at Coronation.

EVENTS

Investiture - Still accepting feast reservations. Fully packed day of activities. Order of the Sacred stone is holding a Book and Baked Goods Sale to benefit the Kingdom General fund. Order of the Phoenix Claw is holding Novice Heavy and Novice Rapier tourneys. Order of the Phoenix Eye is sponsoring two novice A&S competitions, and an Artisans Row.

KWHSS - June 24-26 in High Point. Scribal displays, Heraldic and Scribal classes. ANYONE with an interest in heraldry, scribal arts, or heraldic fashion should be there!!!

War of the Wings - There are two charities this year, SG Komen and St. Jude's. A post was made looking for volunteers for staff positions, primary Baronies will be given first pick.

Next Meeting - May 1, after SAAD closes at 12 noon, at the Elkin site

Sacred Stone Cooks!

The cooks of Sacred Stone will be sharing a period recipe each month in the newsletter.

The recipe this month comes from Lady Murienne. Enjoy!

This is the recipe for the meatballs served at lunch at Winter Solstice.

The recipe is meant for veal but since veal was not affordable, so I used ground beef instead.

It was very well liked. The sauce was rich and sweet.

Knödel from Ein New Kochbuch. Marx Rumpolt. 1581. Transcribed and translated by Barbara Benson.

Original -43. Knödel vom Kalbfleisch zu machen/ Nim dz Kalbfleisch/ vn schneide klein/ vnd hacks durcheinander mit einem Rindtfeißt/ wie vorhin vermeldt ist/ vn wend u dz Fleisch klein gehact hast/ so nim mehr dazu/ auch ein geweichten Wect/ Pfeffer unnd Saffran/ thu auch brey oder vier Eyer darunter/ vun hack es durcheinander/ vn versackl es nicht/ Und wenn due s klein gehackt hast/ so schneidt Mandelen darein/ die klein geschnitten/ auch saubere klein Rosein/ vnd ein wenig Zucker/ daß es ein wenig süß wirdt/ thy es alles durcheinander/ vnd rür es mit saubern Ha:nden/ vnd wenn due s wol gerürt hast/ so mach Knödel darauß/ rundt vnnd lenglicht/ wirff sie in ein gesotten Wasser/ laß es an die statt sieden/ thu es herauß auff ein saubers Bret/ und nim geschnittene Mandeln/ auch klein Rosein/ Wein/ ein wenig Essig vnd Zucker/ brenn ein wenig Mehl darein/ laß es miteinander sieden/ nim Pfeffer vnd Saffran darzu/ vnd laß es auch dermit sieden/ so wirst haben ein guts Mandelgescharb/ Vnd wenn du hast auffsieden lassen/ so thu die Knödel darein and sek es auff heisse Eschen/ so bleibts warm/ biß daß due s anrichtest/ Wiltu aber haben solche Knödel/ wie du die hast gemacht/ so leg es auff ein Roßt/ vnd breuns ab/ vnnd mach darzu ein gutern Pfeffer mit einem Hennenschweiß/ wie es vorhin gemeldt ist/ wie man Pfeffer mache sol/ es fey süß oder saur/ seined auff beyde manier gut. Mach auch solche Knödel/ wie du die hast gemacht/ die abgebreunt seyn. Du magsts auch einda:mpffen mit Wacholderbeern/ oder Pettersilgen Wurkel/ vn machs nicht saur/ sondern mit einer Rindfleischbrüh/ vnd magst es dermit eindämpffen/ so wirt es gut vnd woldeschmack.

Translation - Meatball made from Veal Meat/ Take Veal meat/ and cut it small/ and hack it altogether with Beef Fat/ as earlier stated/ and when the flesh has been small hacked/ so take more thereto/ and a grated Loaf/ Pepper and Saffron/ put also three or four Eggs hereunder/ and mix it altogether/ and over salt it not/ And when you have hacked it well small./ so cut Almonds therein/ the small chopped/ also clean small Raisins/ and a little Sugar/ that will make it a little sweet/ mix it all together/ and knead it with clean Hands/ and when you have well kneaded/ so make meatballs thereof/ round and long/ throw them in boiling water/ and let it there simmer/ put them out of it and onto a clean board/ And take chopped Almonds/ also small raisins/ wine/ a little vinegar and sugar/ brown a little Flour therein/ let it altogether simmer/ take Pepper and Saffron thereto/ and let it also seethe there/ so you will have a good Almond sauce/ And when you have let them simmer/ so put the meatballs therein and set them on the hot Ashes/ so it will stay warm/ until you will serve it/ If you want to have another such meatball/ as you have made/ so lay it on a Rack/ and brown it off/ and make thereto a good Pepper with some Chicken Fat/ that has been melted before/ as one (who) makes Pepper should/ be it sweet or sour/ it is in both manners good. Make also such meatballs/ that you would have made/ the browned kind. You make also boiled with Juniper berries/ or Parsley Roots/ and do not make it sour/ so they are with Beef Broth/ and make it with steam/ so it will be good and well tasting.

Redaction

For the Sauce

1 C Ground Almonds, 2 T Pureed Raisins, 1/2 C Red Wine (additional 1/3 C needed), 1 1/2 t Apple Cider Vinegar
1 T Sugar, 1 T Flour, 1 T Olive Oil, 1 t Salt, 10 threads Saffron, 1/2 + 1/8 t Black Pepper
1 C Water (additional 2/3 C needed)

Add olive oil to a sauce pan and heat. Add flour and whisk until it reaches a light caramel brown. Add almonds and stir well. Add raisins and stir well. Add 1/2 C wine and 1 C water. Stir well. Add spices and 1 t vinegar and allow to simmer. Reserve 1/3 C of wine, 1/2 t vinegar and 2/3 cup of water to thin out sauce. Keep covered on a low heat, stirring occasionally.

For the Meatballs

1 lb Ground Beef, 1/4 lb Chopped Beef fat, 3 oz Bread Crumbs, 1/4 t Black Pepper, 3 Beaten eggs
3/4 t Salt, 3 T Ground Almonds, 1/4 C Chopped Raisins, Pinch Sugar

Add saffron to beaten eggs and allow them to sit while preparing the meat mixture. Combine meat and fat with hands and add pepper, salt, almonds, raisins and sugar, knead well. Add eggs and combine well. Add bread crumbs and knead one last time until well combined. Check sauce and add the additional liquid. Put a pot of water on to boil and form meatballs. Each meatball should be approximately 2 1/2 oz raw. Form into balls and then roll into egg shaped forms without the pointed ends. Place on cookie sheet and hold in refrigeration until ready to boil. Preheat oven to 325 degrees. Place meatballs gently into boiling water and boil covered for 15 minutes. Remove from water and allow to cool on a flat surface. Check on sauce and see that it is a fairly liquid consistency. Place meatballs in a casserole dish and pour sauce over them all. Cover tightly with aluminum foil and place in oven. The meatballs are tasty after 1 hour and even better after 2 hours. Check on the meatballs during the cooking and turn them over so that the tops do not dry out, spooning the sauce back over them is good too. After cooking remove meatballs to a serving dish and you can add some water to the sauce to loosen it back up. Bring it up to heat and pour it over the meatballs just before serving.

April Schedule of Events for the Barony of the Sacred Stone

Meetings

Baronial Meeting– May 1, Elkin Event Site (details will be posted to the list)

Aire Faucon - Tuesday, April 12th

Baelfire Dunn -

Charlesbury Crossing - Monday, April 4th

Crois Brigitte - Monday, April 4th

Middlegate - Sunday, April 3

Salesberie Glen -

A&S

Aire Faucon - Tuesday evenings at rotating locations

Baelfire Dunn -

Charlesbury Crossing - Tuesday evenings at Egill and Ulivetta's house

Crois Brigitte -

Middlegate - Thursday Evenings at Rotating locations from 5:30 - 9:30

Salesberie Glen - Every other Thursday from 6:00 - 8:00

Practices

Aire Faucon - Will be held on Canton nights as the location allows

Baelfire Dunn - Rapier practice Sundays at Bunker Hill High School

Charlesbury Crossing -

Crois Brigitte - Archery Practice on Sundays at rotating locations.

Middlegate - Wednesday & Sunday - Heavy Fighter Practice,
Sunday - Archery Practice at alternating locations.

Salesberie Glen - Archery & Rapier every other Thursday,
Heavy Fighter & Archery Practice Sundays.

Events

Baronial Anniversary & Investiture - April 9

SAAD - April 29-May 1

Baronial Regnum

Baron	Sir Axel of Tavastia		baron@sacredstone.atlantia.sca.org
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Seneschale	Lady Murienne l'aloiere	(336) 899-8799	seneschal@sacredstone.atlantia.sca.org
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Exchequer	Lord Edmund Hawksworth		exchequer@sacredstone.atlantia.sca.org
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Chronicler	Lady Nuala ingen Magnusa	(336) 508-0803	chronicler@sacredstone.atlantia.sca.org
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Herald	Lady Prudence the Curious		herald@sacredstone.atlantia.sca.org
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Chatelaine	Lady Nuala ingen Magnusa		chatelain@sacredstone.atlantia.sca.org
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Minister of A&S	Baroness Maeve Griffinsward		moas@sacredstone.atlantia.sca.org
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Minister of the Lists	Lady Amye Elizabeth Barrington		mol@sacredstone.atlantia.sca.org
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Webminister	Lady Annora Hall		webminister@sacredstone.atlantia.sca.org
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Web Deputy for E-List	Lord Jonathan Blackbow		blackbow@carolina.rr.com
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Knight's Marshal	Baron Johan von Rothenburg		knightsmarshal@sacredstone.atlantia.sca.org
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Rapier Marshal	Lord Guntrum Obermann		rapiermarshal@sacredstone.atlantia.sca.org
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Archery Marshal	Lord Edward De Witt		archerymarshal@sacredstone.atlantia.sca.org
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Chirurgeon	OPEN		
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Minister of Minors	M'Lady Ealasaid MacDonald		
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Regnum (continued)

Canton Seneschals

Aire Faucon

LordRurik Lebedov
Ryan Matthews
rurik@att.net

Baelfire Dunn

Till Cambell
tillfirehorn@yahoo.com

Charlesbury Crossing

Lady Aminah bint al-Megal'lid
Kathy Jewell
kathygrimes@gmail.com

Crois Brigitte

Lord Robyn A' Dearg
Robin Ried
twolfpax@yahoo.com

Middlegate

Lord Symon of Ipswich
Troy Petersen
symondeipswich@gmail.com

Salesberie Glen

Lord Guntram Obermann
David Howard
gunarrow@yahoo.com

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