

The background is a complex stained glass design. At the top center is a small eagle with spread wings. Below it, the word "PHOENIX" is written in large, white, serif capital letters with a black outline. The central focus is a large shield with a green field containing a white eagle with spread wings and a laurel wreath above its head. The shield is set within a circular frame with a red and blue border. The entire design is surrounded by intricate geometric and floral patterns in shades of green, yellow, and grey.

# PHOENIX

**April 2012**  
**Anno Societas XLVI**  
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## **Meeting Minutes**

The baronial business meeting was held March 25, at the Bethlehem Lutheran Church, 1355 Jonestown Road, Winston-Salem, NC 27103 at 2:00 pm.

The meeting went as follows:

### **Coronets' report:**

The baronial trim is now here and available for sale at \$2.00 a yard.

In anticipation of 30 yr. we have been looking at old newsletters. Our champions may want to challenge the champions from other baronies.

Master Bran's article on our heraldic history is now in the history section of the website. Orders and awards are up to date on the baronial website now.

### **From the Officers:**

#### **Seneschal's Report:**

If you are not on the e-list, please register to get on it. No official business will be posted to the old yahoo site any longer.

#### **Exchequer's Report:**

Current checkbook balance is \$7,998.56

We got the pewter for WoW VII at Gulf Wars for \$439.07.

#### **MOL's Report:**

St Urhos had 6-8 fighters. A good time was had by all who attended.

No other events currently are in need of an MoL

I still need a deputy and need more MoLs.

We are working on a Platinum card that would be one price and allow you to pay \$1 for renewal and authorizations.

### **Heavy Marshal's Report: Baron Johann Von Rothenburg**

**Spring is here and with it is a heavier fighting schedule. There are numerous events coming up, many of us have not used our equipment since fall. Please take the time to inspect, maintain and repair your equipment before heading to an event or practice. The marshals are here to make sure the fighting community is safe and has a good time. Make our job easier by making sure your gear is ready.**

**As always, we need marshals to help run events. If you like to be close to the fighting, but want to have an occasional break for actually putting all the armor on, get your marshal's warrant and help out. If you already have your marshal's warrant, please make sure to keep it active by taking a refresher class and updating the marshal's database.**

**Stay safe and have fun,**

**Johann Von Rothenburg**

### **Archery Marshal's Report: Lord Edward deWitt**

**Lots of opportunities to practice shooting are going on all over the barony.**

### **Chancellor of Minors Report: Lady Ealasaid MacDonald**

**Greetings,**

**The titled office of Chancellor of Youth has changed to Chancellor of Family and Youth Programs with Herrin Emeludt Hänsler holding the office. There are now Regional Vice-Chancellors of Youth. This office was created to address the lack of warranted Youth Officers. Local Youth Officers are also directed to report to them. The Regional Vice-Chancellor of Youth for North Carolina is Lady Ealasaid MacDonald**

**There is a new Vice-Chancellor of the Pages' Academy, Lady Aine O Grienan**

**In Service,**

**Lady Ealasaid MacDonald  
Chancellor Minor**

### **Herald's Report:**

No report but tax season is almost over.

### **Chirurgeon's Report: Lady Elizabeth (Shrewlet) of Rosewood**

Make sure to dry out/ air out camping gear after use. Cleaning and scrubbing will kill bacteria. See my article on camping safety in this edition.

### **Chronicler's Report: Lady Caitlin MacDonoughue**

As of late the newsletter has been a bit short of submissions. I heartily encourage everyone to send me your information for your events, demos and activities that are going on in your cantons or households. This is a great way to publicize your upcoming events.

Also a great way to keep the populace and newcomers up to date on your meetings and A&S nights.

### **Web Minister's Report: Lady Annorah Hall**

We have added a calendar for canton and baronial activities on our Events page. Thank you to all who have been adding dates.

Please consider submitting pictures of you and your friends to the Webminister's office. I'd like to include pictures of the activities we do at events, stuff night, fighter practice, etc. This will add faces to our website and make it more inviting to newcomers. Please remember to submit the necessary release forms to myself or Caitlin so we can publish your pictures.

Lastly, the webminister's office is researching file management options. This research is ongoing and may (or may not) be transferable to the kingdom site.

As always, suggestions for the website, questions of how things are managed, or volunteers are welcome.

In Service,  
Annora Hall, Webminister

## **Canton Reports:**

### **Charlesbury Crossing:**

**Charlesbury report for March:**

**Monthly meeting first Monday of the month**

**A&S has started back up but not on a regular basis keep an eye on the list**

**No new fundraisers planned but we will be discussing at our next meeting**

**A day in the park and. Twelfth night are still being worked on.**

**Aminah**

### **Middlegate:**

**The Canton will be running a charity drive to benefit the Guilford County Animal Shelter during the second quarter (April – June). Details are located on our webpage. I also have some handouts as well. It will be posted to the Baronial list later.**

**The schedule for our A&S nights has been posted to the Baronial Calendar page. If anyone would be interested in signing on to teach a class at one of our A&S nights, let us know.**

**We are working with an after school program in Greensboro to put on a demo for their K-5 aged kids. There are approximately 90+ kids. We will be looking for help from anyone who is interested. More details will be posted to the Baronial e-list, you can also contact me via email or in person.**

**Baelfire Dunn: Drums of War is gathering steam for a great event.. There will be activities for everyone. Cooler weather, an Easter Egg Hunt and one of Lady Murienne's fantastic feasts. (Remember the Fighter Fashion Show). The theme will be The Hundred Years War., French against the English. Themed A&S activities are planned as well as a brewing competition, a drumming competition, and a baronial heraldic banner competition. See our website for more info.**

### **Aire Falcon:**

**Still meeting. Flight of the Falcon is in August. We are working on adjusting the parking to make it better and a better use of the facility.**

### **Salisbury Glen:**

Trying to get our status back. We have two new members. St. Urhos went well, everyone had a good time.

### **Crois Brigitte:**

Still active, especially in Archery. We will be doing a fund raiser lunch at Drums of War. We are working on the tavern at Baronial Birthday.

### **MiddleGate: Given by Lord Simon**

Currently the Canton is holding a weekly A&S night and will be working on a schedule of classes and project specific work nights. We have a monthly Heraldic Commentary night and have just started a Scribal night. This past week members of the Canton helped with a small Calligraphy workshop at the Hemphill Library in Greensboro. Among other projects, we have decided to choose a local charitable organization each quarter and help with their efforts in some way. This quarter we will be helping the Triad Health Project by donating to their food pantry. Coming up we will be doing activities to help the Greensboro animal shelter, Ward Street Mission and the Greensboro Urban Ministry. We are also working on possible demos with a local middle school and the Greensboro chapter of the Jaycees. In our last meeting the Canton decided to donate some funds to the Kingdom General Fund and we will also be running fundraisers at the Baronial Unevent to further benefit the Kingdom.

## **Old Business:**

**Baronial trim:** The baronial trim is here and available for \$2.00 a yard. Anyone wishing to buy some should contact either Baroness Sine or Exchequer Edmund Hawkesworth.

## **New Business:**

### **Soil for Coronation:**

The Prince and Princess are doing a Hungarian ceremony for Coronation. They have requested that each canton bring soil from their lands to Coronation in a zip locked bag inside a container with their arms on it.

### **Children's Fete at Pensic:**

Last year the barony gave \$300 towards the Children's Fete at Pensic. The motion was made, seconded, voted on and passed to leave the amount the same for this year. There was one person who abstained.

### **Camp Steward for Pensic:**

Lady Isabel volunteered to be the camp steward for Pensic. The populace voted to accept her , the motion passed with one no vote.

### **Webminister's Request:**

Lady Annorah would like to have pictures and artwork for the website. She is looking for activities, A&S projects, etc. She would need permission forms signed and any artwork would need to be cleared with the original artist.

### **Registering WoW badge:**

Lady Murienne raised the proposal of registering the badge for WoW. It has been conflict checked and cleared. It would allow the WoW staff to wear the badge regardless of where they are from. It would require that the wings be red not just outlined in red. It will not pass before this WoW. The motion was made, seconded, voted on and passed.

One person abstained.



**E-List:**

After moving the e-list to the Kingdom server, the host had a problem. Mail sent to AOL users has not been going through. There is a new host provider. The address will not change. The mailing lists are being moved to the new server. It is recommended that we move the baronial list there too.

**Hawkwood demo:**

We have been asked to help with a demo April 27th at Swain County High School. They need 30 people and all types of SCA activities.

Next meeting will be April 22nd at 2:00pm at the home of Lady Giovanni Dragonetti. Her address is 3124 Johnston Oehler Road, Charlotte, NC 28269. There will be a potluck after the meeting.

## **Events:**

**St. Urhos**—March 10th.

**Drums of War**— April 6-8th Castle Elchenburg, Theme is Hundred Years War— French vs. the English . A&S activities, fighting, archery, thrown weapons, siege weapon and authorizations, Easter Egg hunt, and a fantastic feast by our own Lady Murienne

**Day in the Park**—April 28th. Free event at the park in Pineville where it was last year. Different stations will be set up for different arts. Lady Annorah is working on classes. Lord Symon will run the fighting. Children will be able to play at fighting with boffer weapons. There will be story telling and dancing. Pot Luck afterwards. Time will be 10 am to 4 pm.

**Herbal Collegium**— June 2nd, 2012 Elchenburg. SCA cooks will do lunch. Classes on ground fire cooking, distilling, herbs. They would like to have more classes. Let Murienne or Maeve know if there is something you would like to teach or learn.

**Flight of the Falcon**—August 18th, 2012

**30th Year Baronial Birthday**—Aug 31—Sept 1st., 2012

To be held at Hidden Mountain State Park at Camp York on Labor day weekend. There will be dancing, games and other activities. They are still working on the budget.

**SADD**— Sept 7-9th. Archery day the weekend after Baronial Birthday.

**WoW**— They are registering the logo for WoW. Most major positions are filled. They need privy steward position filled. ACCEPS is ready. Land form will be ready soon. 9 merchants are confirmed already. Merchants are juried this year.

## **FOOD SAFETY TIPS FOR CAMPING**

Thanks to help from Dame Morwenna Trevethan, over the next few months, I will be posting bullets in short blocks that will hopefully help you prep yourself for not only Pennsic, but really any camping event. Whether it be for Pennsic, War of the Wings, whatever, it's never too early to think about precaution about your food stores.

So, you're at Pennsic! The smells of campfires and wonderfully period food fill the air. Wooden plates, iron pots, and all those things which make period food you want to cook at Pennsic taste better; ya gotta have 'em! And you've got that cooler for your beer, so why not just throw the bag of chicken for the stew in there too, along with the cheese for a snack. The ice will keep everything cold.

Hold on there, Geronimo! Pennsic is not like the day-long events you are used to. We're there for a week or more in pretty cramped quarters, considering we are outdoors, and a lot of things are different from anything else you may have experienced with food or anything else. For a day event, you can get away with a lot that could be terminally bad for you at the War.

The topics for discussion are the following and will be gone over during the next few months:

- The care and feeding of coolers at Pennsic
- The set-up of a sanitary camp kitchen
- The scullery
- How to be a period cook or at least look like one
- Sanitary serving, or how not to poison your friends

Without further ado, then, we forge ahead!

## **The care and feeding of your coolers at Pennsic or any event.**

OK, I exaggerated a bit with the raw chicken example, but you'd be surprised at how many people really don't have that much of a clue. Pennsic comes, and the brain shuts off. "It was in the shade all day, so this egg salad with mayonnaise should be fine" forgetting that it was 90 degrees in the shade that day. Common sense really is the only guide.

Cross contamination can occur if you do not separate the coolers. While we can't run a completely kosher kitchen (easily, anyway), if the meat is kept separate from the dairy (ALL dairy: milk, eggs, butter, cheese, etc) and the vegetables, then there should be no problems. I am referring here to raw foods only. Once foods are cooked, the leftovers can usually be bagged, labeled and put into a separate cooler, with precautions taken with the ice (see below).

Sometimes you must worry about allergies and cross-contamination. It is imperative at that time to ascertain the exact allergies and circumstances under which those allergies are suffered. It makes a BIG difference if someone simply cannot eat something, as opposed to not being able to be in the room with something. Coolers can be allotted for such usage if necessary. Note I didn't say "preferences". Pennsic cooking can be hard enough on the cooks without "fussy eaters"!

At the least, then, 4 coolers are needed for a medium-large camp (i.e. 20-40 or so). I would recommend using the 100-150 qt. size coolers, as they hold a lot and can accommodate several days of food. This prevents multiple trips to the store, except to buy ice. On that subject, unless you are putting ice into drinks (NOTE: DO NOT use ice cubes from a meat cooler in anything other than that cooler!), it is best to use block ice. It will stay colder much longer and you will need to buy fewer blocks of ice. The ice will also last longer if the coolers are kept out of direct sunlight and out of nylon tents. A light-colored fabric cover is great, since it also keeps the cooler out of sight and helps keep the period look of a camp without sacrificing safety or convenience. To store food in a cooler, it is advisable to use sealable waterproof plastic containers or zip-top bags. In my camp at Pennsic, we have cold cuts available for lunch,

and the last thing you want is to pull soggy bags of ham and salami out of the cooler water. Another very useful item is the plastic egg carriers designed for backpacking. Most sporting goods stores (and even Wal-Mart!) carry these for about \$2. Buy milk and juices in plastic containers as well.

The coolers should be drained as often as needed. Even though the water feels cold, it actually is warmer than the ice and can melt the ice faster, which can create a potentially unsafe situation. Most of us don't keep thermometers in camp to measure the cooler temperatures and it's not really necessary. Check your ice often, and drain the water often. That's really it. If the ice seems to be melting quickly, then replace it more quickly. If it is your own cooler, that's easy. If it is a camp cooler, assign someone to check the ice and be responsible for it. When draining the coolers, be certain that you are as far away from camping areas as possible. Often times the coolers can become contaminated with meat juices or food scraps, which should be removed if at all possible (the scraps, anyway). It is advisable to make a bleach solution (1/4 cup bleach per gallon of water) and sprinkle it over the area where you dump the cooler water. Also, take care since sometimes the coolers are not completely empty, so using the drain hole is advisable over just dumping the cooler over.

I know that was a lot to dump on you in the beginning. That is why I decided to break it up into smaller blocks.

Enjoy and let's be careful out there.

THL Elizabeth of Rosewood  
Baronial Surgeon.



## **March Schedule of Events for the Barony of the Sacred Stone**

### **Meetings**

**Baronial Meeting- March 25, Bethlehem Lutheran Church, 1355 Jonestown Road, Winston-Salem, NC 27103, at 2:00 pm.**

**Aire Faucon - Tuesday, Apr 10th**

**Baelfire Dunn - N/A**

**Charlesbury Crossing - Monday, April 2nd**

**Crois Brigitte - Wed., April 11th**

**Middlegate - Friday, April 13th**

**Salesberie Glen - N/A**

### **A&S**

**Aire Faucon - Tues evenings at rotation locations**

**Baelfire Dunn - N/A**

**Charlesbury Crossing - Location to be announced.**

**Crois Brigitte - Dates and locations will be published**

**Middlegate - Tues 6-9- contact A&S Officer for address**

**Salesberie Glen -Wed. night every other week**

### **Practices**

**Aire Faucon - Will be held on canton nights as location allows**

**Baelfire Dunn - Rapier practice Sundays at Bunker Hill HS**

**Charlesbury Crossing - N/A**

**Crois Brigitte - Archery Practice on Sundays at rotating locations**

**Middlegate - Wed and Sunday Heavy Fighter Practice**

**Salesberie Glen - N/A**

# Baronial Regnum

<b>Coronets</b>	Baron Matsudaira Kentarou Toshiyori & Baroness Sine ni Dheaghaidh		baron@sacredstone.atlantia.sca.org, baroness@sacredstone.atlantia.sca.org
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<b>Exchequer</b>	Lord Edmund Hawksworth		exchequer@sacredstone.atlantia.sca.org
<b>Chronicler</b>	Lady Caitlin MacDonoughue		chronicler@sacredstone.atlantia.sca.org
<b>Herald</b>	Lady Prudence the Curious		herald@sacredstone.atlantia.sca.org
<b>Chatelaine</b>	Lady Nuala ingen Magnusa	(336) 508-0803	chatelain@sacredstone.atlantia.sca.org
<b>Minister of A&amp;S</b>	Baroness Maeve Griffinsward		moas@sacredstone.atlantia.sca.org
<b>Minister of the Lists</b>	Lady Amye Elizabeth Barrington		mol@sacredstone.atlantia.sca.org
<b>Webminister</b>	Lady Annora Hall		webminister@sacredstone.atlantia.sca.org
<b>Knight's Marshal</b>	Baron Johan von Rothenburg		knightsmarshal@sacredstone.atlantia.sca.org
<b>Rapier Marshal</b>	Open		
<b>Archery Marshal</b>	Lord Edward De Witt		archerymarshal@sacredstone.atlantia.sca.org
<b>Chancellor Of Minors</b>	Lady Ealasaid Mac Donald		
<b>Chirurgion</b>	Lady Elizabeth (Shrewlet) of Rosewood		

# **BARONIAL APPOINTMENTS**

## **BARONIAL HEAVY CHAMPION**

Lord Dubhghall mac Donnchaidh (David Stewart)  
[profstewart AT gmail.com](mailto:profstewart@gmail.com)

## **BARONIAL RAPIER CHAMPION**

Vincenzo d'Este (Bradley Mills)

## **BARONIAL ARCHERY CHAMPION - OPEN**

## **BARONIAL CAVALRY CHAMPION**

THL Azenari Basandere (Jacquelyn Brown)  
[selene1090 AT aol.com](mailto:selene1090@aol.com)

## **BARONIAL BARD**

Lady Thamira ha Sopheret (Tammy Barr)  
[mamabookelf AT yahoo.com](mailto:mamabookelf@yahoo.com)

## **BARONIAL ARTISAN**

Lady Prudence the Curious (Esther Scott)  
[prudencecurious AT aim.com](mailto:prudencecurious@aim.com)

## **BARONIAL SCRIBE - OPEN**

## **BARONIAL BREWER**

Lady Isabelle Lafara (Alexandra Stratton)  
[ceara AT houseberra.com](mailto:ceara@houseberra.com)

## **BARONIAL COOK**

Lady Murienne l'Aloiere (Nikole Harrington)  
[dragonfly78 AT gmail.com](mailto:dragonfly78@gmail.com)

## **BARONIAL BEEKEEPER**

THL Lorelei Greenleafe (Lorelei Elkins)  
[loleleielkins AT aol.com](mailto:loleleielkins@aol.com)

## **BARONIAL YOUTH COMBAT CHAMPION - OPEN**

## **BARONIAL YOUTH ARCHERY CHAMPION**

Lord Vilhjálmr bani

## **BARONIAL YOUTH ARTISAN**

Hamsa of Middlegate

## **PHOENIX GUARD**

**Captain:** THL Christophe of Grey (John Atkins)  
Lady Davina de Bruce (Diana Parsons)  
Lord Jean Bartt (Bart Armstrong)  
Lord Tim Arrowfinder (Tim Kincaid)  
THL Lorelei Greenleaf (Lorelei Elkins)

## **BARONIAL ORDER PRINCIPALS**

### **PRINCIPAL, ORDER OF THE SACRED STONE**

Lady Miriel Crawford (Tracey Ellis), 704-262-7124

[miriel.crawford AT gmail.com](mailto:miriel.crawford@gmail.com)

### **PRINCIPAL, ORDER OF THE PHOENIX' EYE**

Lady Annora Hall (Kathy Murphy)

[annorahall AT yahoo.com](mailto:annorahall@yahoo.com)

### **PRINCIPAL, ORDER OF THE PHOENIX' CLAW**

Lord Symon de Ipswich (Troy Peterson)

### **PRINCIPAL, ORDER OF THE YEOMEN OF THE SACRED STONE**

THL Christophe of Grey (John Atkins)

# ***Regnum (continued)***

## ***Canton Seneschals***

### **Aire Faucon**

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Ryan Matthews  
rurik@att.net

### **Baelfire Dunn**

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tillfirehorn@yahoo.com

### **Charlesbury Crossing**

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kathygrimes@gmail.com

### **Crois Brigitte**

Lord Robyn A' Dearg  
Robin Ried  
twolfpax@yahoo.com

### **Middlegate**

Lord Symon de Ipswich  
Troy Petersen  
symondeipswich@gmail.com

### **Salesberie Glen**

OPEN

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**For more information please contact the chronicler.**

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