

The background is a complex stained glass design. At the center is a shield with a green field containing a white eagle with spread wings, perched on a laurel wreath. The shield is set within a circular frame with red and blue segments. Surrounding this are concentric circles of geometric patterns and green vine motifs with yellow berries. At the top, above the main title, is a smaller white eagle emblem.

PHOENIX

July 2013
Anno Societas XLVI
Volume 27, Issue 18

THE PHOENIX

Barony of the Sacred Stone

July, 2013

Volume 27, Issue 18

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Congratulations

Baron Oshi and Baroness Sine have just passed the two-year mark as the baronage of Sacred Stone.

Congratulations to Dreux D'anjou for becoming our Minister of Arts and Sciences, and to Thamira HaSopheret for becoming our Chancellor of Youth!

Our barony continues to display massive amounts of talent and courtesy. Please keep it up!

Vivat, Sacred Stone!



Greetings to the populace!

As this letter goes out, I know many of you are getting ready to go to Pennsic. I hope everyone has a wonderful time! Please feel free to contact Barunin Gisela if you are interested in camping with the Barony.

We are also approaching a very busy season for us. Flight of the Falcon is on August 17th, followed rapidly by Sacred Stone's Baronial Birthday (8/30-9/1) and then War of the Wings VIII (10/9-10/13). Each of these events is also a *royal progress*! I highly encourage all of you to submit online award recommendations for Kingdom-level awards. The form is located here: <http://award.atlantia.sca.org/> Our King and Queen, Amos & Ysabella (and their heirs, Ragnaar and Lynette) do greatly enjoy rewarding the populace.

Also, there are several Baronial Champions that will be chosen at our Birthday, including archery, rapier, heavy, and A&S! If you are interested in any of these appointments, please let the Baron & Baroness know about it!

As always, if you need anything that I can help with, let me know.

Yours, in Service and Art,
Seigneur Etienne Le Mons d'Anjou
Seneschal, Sacred Stone

August 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Baronial Schedule

There are no scheduled events for the month of July

August 17

Flight of the Falcon — A newcomer's event to show off just what it is we do. There will be display, fighting, and anything else that one might be interested in. This is a day event only.

Aug. 30 - Sept. 1

Sacred Stone Baronial Birthday — Sacred Stone is turning 31, so we're headed to Morocco! Join us for feasting, fantastic garb, and a rich environment that anyone can enjoy.

Canton Schedules

Meetings

Aire Faucon— N/A

Baelfire Dunn - N/A

Charlesbury Crossing - First Monday of every month

Crois Brigitte - First Wednesday of every month, 6:30 PM

Middlegate - Second Sunday of every month, 2:00 PM

Salesberie Glen - N/A

A&S

Aire Faucon - Tuesday evenings at rotation locations

Baelfire Dunn - N/A

Charlesbury Crossing - Location to be announced.

Crois Brigitte - Dates and locations will be published

Middlegate - Tuesday 6-9- contact A&S Officer for address

Salesberie Glen –Occasional Wednesdays, contact Lady Mari for dates

Practices

Aire Faucon - Will be held on canton nights as location allows

Baelfire Dunn - Rapier practice: Sundays at Bunker Hill HS

Charlesbury Crossing - N/A

Crois Brigitte - Archery Practice on Sundays at rotating locations

Middlegate - Wed. and Sunday Heavy Fighter Practice

Salesberie Glen - N/A

June Meeting Minutes

June 29, 2013

Location:

Bunker Hill High School

4675 Oxford School Rd.
Claremont, NC 28610

OFFICER REPORTS

Coronet

We (Oshi and Sine) have been baron and baroness of Sacred Stone for two years now.



We hosted an armor/A&S workshop last weekend. 19 people showed up and a lot of things were accomplished. Fighters in Crois Brigte showed up as well.

Seneschal

Nothing to report. Thank you for accepting me so readily!



Exchequer

As of June 29th, the balance is \$9684.54.

Final numbers are in:

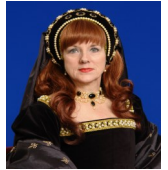
\$47 profit on Gardens of Thyme, and the books are already closed. This quarter ends next week. I am stepping down at the first quarter of next year, but we have a replacement already set.



Chronicler

Please turn in officer reports by the 25th of each month. Remember: the newsletter is a great place for free pub-

licity for your event! Please send any artwork or articles you have in to us.



Not much is new. I am still stepping down in September, with a replacement already found.

Herald

We have a very active group of heralds here that is getting a lot accomplished. Lots of things are happening in the heraldic community.

I am stepping down in January and need letters!

Heavy Marshal

No issues at the moment. A meeting is taking place at 3:30.

For people running events, we have to make allowances for people doing authorizing. *We have to have a Marshal from another barony in order to authorize anyone.*



Rapier Marshal

No report.

Archery Marshal

No report.

Minister of Arts & Sciences

N/A

Chatelaine

Not a lot is going on. We need help at Newcomer's Point during War of the Wings.

Webminister

The page is up and active, reflecting new officers and upcoming events.



For after Pennsic: designs, art, and help are all needed for the new baronial newsletter. Kingdom-level changes are coming through to standardize the language.

Chirurgion

Greetings and salutations from THL Elizabeth of Rosewood,

Herein I submit my baronial report for this month.



A day in the park went off surprisingly well. Thanks to Anthony Davis (can't remember his SCA name) for his great help in seeing to the care of everyone.

The next major event is war of the wings, I am looking for people who are chirurgeons, CIT or those just wanting to water bear as I am working with Lord Vincenzo Este who is the water-bearing Coordinator. If you are interested, please contact me.

Over the next few months, I will be training my replacement for when my warrant as chirurgion runs out. I believe that Anthony is wanting to fall into that role so I will keep everyone apprised as to that progress.

Chancellor of Minors

N/A

CANTON REPORTS

Charlesbury Crossing



Day in the Park had 140 people. A wonderful and amazing time was had. Reports have been completed. Fighter practices are continuing as normal.

Middlegate



Things are going great. The canton and A&S meetings have moved to a local coffee shop in Greensboro and are attracting lots of newcomers.

Our new newsletter blog has done *very* well and has had many view. Some of our articles have been added to the Kingdom site.

Baelfire Dunn



Several new officers are in place, including a new seneschal. Fighter practices are continuing as normal.

We are bringing back the event Below the Salt to replace Drums of War. Leave your pointy hats at the door to have fun with the peasants.

Aire Falcon



We are continuing to hold meetings, and the last one was great. The location is challenging, however. The format of the meeting may switch over to Google Hangouts.

Crois Brigte



We are continuing to be very active. Lots of activities going on for A&S and archery. SAAD went extremely well.

Salisbury Glen



Fighter practices are moving to Thursdays to merge with other activities.

NEW BUSINESS

Thamira HaSopheret put in to become Chancellor of Youth. The motion carried with one opposed.

Dreux D'Anjou put in to become MoAS, and the motion carried with one opposed.

UPCOMING EVENTS

Flight of the Falcon: August 17. Everything is still on track; most of it is taken care of. We need to find more people to come. Court will be held there. Members can sponsor feast for newcomers for \$7 a seat (with a limit of 20 seats). At the same site as last year, although the layout will be completely different.

Sacred Stone Baronial Birthday: Sacred Stone is “going” to Morocco! August 30-September 1st (this is Labor Day weekend). Fighting will be starting earlier this year, and lunch will be light due to the heat of the summer. Reserve early — feast will be cooked by Camillo da Milano. Tons of resources have been posted by Lady Ealasaid on Morocco, as well as A&S updates by Dreux and Etienne.

A&S is all based on a port city in Morocco, and includes leather jewelry and non-alcoholic drink competitions, as well as the chance to show off one's stuff as a merchant.

We are sponsoring a pavilion for newcomers who know nothing about fighting. Guides are needed to sit for two hours in order to answer questions. Should food be provided?

Pre-registration is now open!

War of the Wings: October 9-13. Help is still needed for privy and bathhouse—please see Gisela or Catherine for details. Almost all of the staff positions have been filled.

Ravens Cove is heading up the fundraising efforts. ACCEPS is up through September 13th — REGISTER YOUR LAND.

In a Phoenix Eye: November 9th. Staff and volunteers are still needed. There will be lots of amazing A&S there to see and participate in. ACCEPS should be ready soon. This will take place at the Star of Bethlehem Church.

Kingdom Unevent: December 7th. It will be held at Bunker Hill, completely free. There will be a fundraiser lunch, with details on the website. There will be no classes, but officer and order meetings.

Kingdom University: Will take place here at Bunker Hill High School in March. More details coming soon.

A bid has been accepted for Spring Crown Tournament, as a House Corvus event, to be hosted at the castle. More details will follow shortly.

There will be no baronial meeting in July. The August meeting will be on August 18th, after Flight of the Falcon.

Pennsic Food Safety

by Andrew MacRobb

OK. There are several heat stabilized meat products that are available; in addition to canned meats (note: if it says PERISHIBLE:KEEP REFRIGERATED it is not safe to leave out, canned or not) there are a FEW products made the old fashioned way that actually can be left out of refrigeration. DAK sausages, Smithfield Hams and Turkeys (REAL SMITHFIELD BRAND ONLY!!!) are among these. Look for the fine print; there are three grades of warning:

1. Needs no refrigeration (safe to leave out)
2. Refrigerate After Opening (safe to leave out only as long as the original wrapper is intact)
3. Keep Refrigerated (Not safe to leave out of refrigeration - by the time you can get it to your campsite from the nearest store, it is not safe to eat).

Remember: it may look and taste like a product that was safe to leave out if made the old fashioned way, but most modern products are made by shortcut methods that are not safe to leave out more than an hour. Bringing an ice chest with you when shopping is RECOMMENDED.

Cheeses: Whole, intact cheeses in wax (not wedges) are generally safe until cut. Then they should be eaten or placed in the ice chest. There are small individual size cheeses (ie Baby BonBel) that are safe. Most cheese is in the refrigerate after opening category. I know there are cheese clubs that send cryovac packaged wedges of cheese through the mail, apparently without problems, but I wouldn't trust a store wrapped cheese to be safe. Stick with small packages that you can eat at one time and you should be safe.

Eggs: Whole, uncracked eggs are reasonably safe to leave out of refrigeration, but should be kept cool (an evaporative cooler- a box covered with a damp cloth, or reasonable shade) should be sufficient to keep them safe. Cracked or broken eggs should be discarded.

Mayonnaise or similar "salad dressings": Keep in original container and only remove from the jar with CLEAN utensils. Keep lid on jar tight. Need NOT be refrigerated even after opening, but will taste better if they can be kept cool. I know this surprises a lot of people, but these products, by themselves, are not considered as "potentially hazardous foods" because of their low pH, but mix them with other foods and this changes, which is why salads made with these dressings are so hazardous.

Milk and milk products: Check label. There are ultra pasturized milk products that are shelf safe until opened. Small containers that can be finished at one meal are better than gallon

size jugs.

Other dangerous foods: Cooked potatoes; raw potatoes can be left out because they contain a heat labile poison (strychnine) that prevents microbial growth. Cooking destroys the poison making them good to eat for both us and the bugs. High protein veggies like beans, lentils, peas etc are "dangerous when wet" and should be handled carefully once rehydrated from the dried state.

Ice Chests: As long as they contain enough ice to keep them cold they are safe for food storage, but this is a twice daily check. Cubes cool quickly but don't last. Blocks take longer to cool but may last 2-3 days or more. Chests stay cool longer if covered with a damp towel (white is best).

Dishwashing: after washing, utensils, pots and pans etc should be allowed to sit fully immersed in a one tablespoon/gallon solution of chlorine bleach for one minute before air drying or drying with disposable paper towels. Cloth towels should NOT be used.

Handwashing: The waterless cleaner in the portacastles is far better than nothing, but cooks should wash their hands in soapy water before cooking. Using a hand sanitizer after washing is also recommended.

Safe handling time: Generally, you have only about one hour of safe handling time for hazardous foods before they may grow enough pathogens to be dangerous. Cooking will not guarantee the food will be safe if mishandled; there are heat stable toxins that are produced by some types of pathogens. Under the primitive conditions at Pennsic, better to throw out most leftovers than try to save them.

Gastroenteritis is no fun at the best of times. Having the runs at Pennsic where the nearest "facility" may be 100 yards or more away is a REAL bummer. I have been there (remember Pennsic XIII?).

Any questions? If so, I can clarify them at: macrobb at dnaco.net

Andrew MacRobb

<the end>

This file is part of a collection of files called Stefan's Florilegium. These files are available on the Internet at: <http://www.florilegium.org>

“Swordsman” by Lady Virag Qara Bay

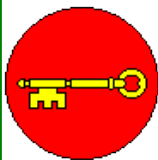


Baronial Officers

Baronage: Baron Matsudaira Kentarou Toshiyori & Baroness Sine ni Dheaghaidh.

baron@sacredstone.atlantia.sca.org

baroness@sacredstone.atlantia.sca.org



Seneschal:

Lord Etienne Le Mons
etienne.le.mons@gmail.com



Minister of the List:

Lady Benefse Bint Zakariya
mol@sacredstone.atlantia.sca.or



Chatelaine:

Kelly "Blix" Davis
chatelaine@sacredstone.atlantia.sca.org



Minister of Arts and Sciences:

Lord Dreux D'Anjou
Dreux.danjou@gmail.com



Chancellor of Youth:

Thamira HaSopheret
mom@sacredstone.atlantia.sca.org



Exchequer:

Lord Edmund Hawkesworth
exchequer@sacredstone.atlantia.org



Herald:

Lady Prudence the Curious
herald@sacredstone.atlantia.sca.org



Chirurgion:

Lady Elizabeth of Rosewood
chirurgion@sacredstone.atlantia.sca.org



Heavy Marshal:

Lord Symon de Ipswich
heavymarshal@sacredstone.atlantia.sca.org



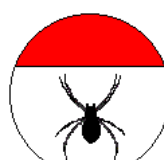
Chronicler:

Lady Caitlin MacDonoughue
chronicler@sacredstone.atlantia.sca.org



Rapier Marshal:

Lord Ghaltai Jida
rapiermarshal@sacredstone.atlantia.sca.org



Webminister:

Lady Annora Hall
webminister@sacredstone.atlantia.sca.org



Archery Marshal:

Lord Edward deWitt
archerymarshal@sacredstone.atlantia.sca.org

Baronial Appointments

BARONIAL HEAVY CHAMPION Lord Dubhghall mac Donnchaidh (David Stewart)
[profstewart AT gmail.com](mailto:profstewart@gmail.com)

BARONIAL RAPIER CHAMPION Vincenzo d'Este (Bradley Mills)

BARONIAL ARCHERY CHAMPION - OPEN

BARONIAL CAVALRY CHAMPION THL Azenari Basandere (Jacquelyn Brown)
[selene1090 AT aol.com](mailto:selene1090@aol.com)

BARONIAL BARD Lady Thamira ha Sopheret (Tammy Barr)
[mamabookelf AT yahoo.com](mailto:mamabookelf@yahoo.com)

BARONIAL ARTISAN Lady Prudence the Curious (Esther Scott)
[prudencecurious AT aim.com](mailto:prudencecurious@aim.com)

BARONIAL SCRIBE - OPEN

BARONIAL BREWER Lady Isabelle Lafara (Alexandra Stratton)
[ceara AT houseberra.com](mailto:ceara@houseberra.com)

BARONIAL COOK Lady Murienne l'Aloiere (Nikole Harrington)
[dragonfly78 AT gmail.com](mailto:dragonfly78@gmail.com)

BARONIAL BEEKEEPER THL Lorelei Greenleafe (Lorelei Elkins)
[loreleielkins AT aol.com](mailto:loreleielkins@aol.com)

BARONIAL YOUTH COMBAT CHAMPION - OPEN

BARONIAL YOUTH ARCHERY CHAMPION Lord Vilhjálmr bani

BARONIAL YOUTH ARTISAN Hamsa of Middlegate

PHOENIX GUARD

Captain: THL Christophe of Grey (John Atkins)

Lady Davina de Bruce (Diana Parsons)

Lord Jean Bartt (Bart Armstrong)

Lord Tim Arrowfinder (Tim Kincaid)

THL Lorelei Greenleaf (Lorelei Elkins)

Baronial Order Principals

PRINCIPAL, ORDER OF THE SACRED STONE

Lady Nuala ingen Magnusa
dalande@gmail.com

PRINCIPAL, ORDER OF THE PHOENIX' EYE

Lady Annora Hall (Kathy Murphy)
annorahall AT yahoo.com

PRINCIPAL, ORDER OF THE PHOENIX' CLAW

Lord Symon de Ipswich (Troy Peterson)

PRINCIPAL, ORDER OF THE YEOMEN OF THE SACRED STONE

THL Christophe of Grey (John Atkins)

Canton Seneschals



Aire Faucon
Lord Rurik Lebedov
Ryan Matthews
rurik@att.net



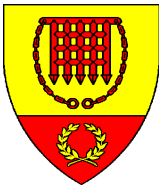
Baelfire Dunn
Alexandria Chetwynd Montgomery
pensicnorthwind@yahoo.com



Charlesbury Crossing
Lady Zafira bint Miriam
Susan French
zafira1973@yahoo.com



Crois Brigitte
Lord Robyn A' Dearg
Robin Ried
twolfpax@yahoo.com



Middlegate
Lord Symon de Ipswich
Troy Petersen
symondeipswich@gmail.com



Salesberie Glen
Sir Axel
Wayne Remes

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