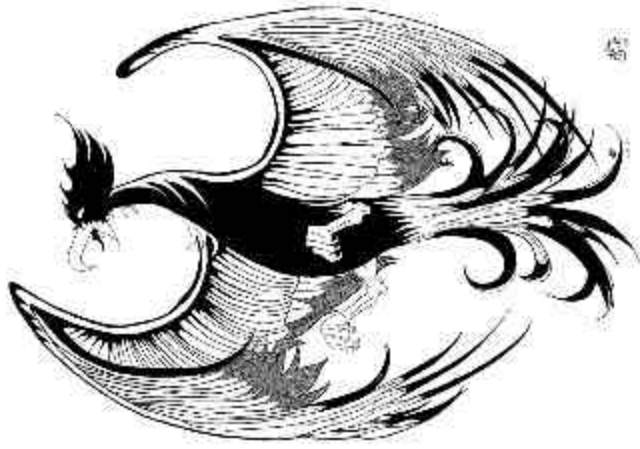


The Phoenix

The Barony of the Sacred Stone



October 2005 ASXXX

Volume 19, Issue 10

Barony of the Sacred Stone, SCA, Inc.
Kathryn Evans
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Unto the Populace

From the Baroness

Greetings to the populace of Sacred Stone!!

We had another great Baronial Birthday. Everyone had fun and I was thrilled by the displays of chivalry on the field and the prowess in the arts and sciences. I want to say thank you once again to my former champions: Lady Oddny, Lord Cyriac, Lord Phillip and Lord Thorgrim. It was an honor to work with those folks. I want to welcome the new round of champions: Lady Maeve for A&S, Sir Axel as Heavy, Lord Raphael for Rapier, Lord Cristoff for Archery and Lord Talorgen for Bardic. Thank you all for agreeing to take this responsibility on. I am sure that you will represent Sacred Stone well.

As we get further into the fall, there are several Kingdom events coming up very quickly. University, Crusades, Crown Tourney are all approaching. I hope to see many of you at these events, continuing the trend of traveling and playing with many groups. It is wonderful to see how far and wide the name of Sacred Stone is recognized for greatness.

We also should be having Runestone Collegium this fall, hosted by Crois Brigitte. I am sure that we will have more information on that soon.

Thank you!
Kisaiya

From the Chronicler

Greetings all,

I would like to thank lords Otto and Barnabas for their articles this month. Lord Barnabas's song is wonderful and perfect for that Halloween time of year, and he has given for it to be performed and passed along as long as credits are given. And thanks to Lord Otto we can all finally make our own Savory Toasted Cheese!

I would also like to thank Sayyid Asim, who has graciously offered to become my deputy. I intend to put this boy to work, so please help him in anyway you can when he comes asking for articles.

Thank you all and I hope you are enjoying the cooler fall weather.

Always in service,
Katerina

From the Castellan

I would like to thank Mistress Susanna for loaner garb that she has donated to the Barony. I am seriously lacking men's garb.

Many of you are holding demos. Please let me know when they are ahead of time. My number is (704) 399-4033

Achbar

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Barony of the Sacred Stone

Baronial Meeting

September 11, 2005

Master Robear called the meeting to order at 10:05.

Officer Reports

Seneschal - Master Robear de Bardulf is our new Baronial Seneschal. If you need to contact him with questions or concerns, his preference is for face-to-face or phone conversations (704.309.9328).

Exchequer - \$9018.26. SSBB had a profit of \$73.40. We sold the Baronial Pavilion for \$450

MoAS - Lady Oddny asks the populace to continue to make stuff. Her deputy is Lady Annora Hall.

Knight's Marshal - not present.

Archery Marshal - Lord Conall reports a rapidly growing participation in this sport, and 4 new MITs (Marshal In Training). He will be moving out of kingdom in November, and is taking applications for a replacement.

Rapier Marshal - not present. Applications are being taken for a replacement.

Herald - not present. Lady Apollonia is looking for deputies.

Chiurgeon - Baroness Gwynwilfe is our new Baronial Chiurgeon. A new First Aid Kit has been purchased.

Chronicler - Lady Katerina is always looking for more articles, Officer and Canton reports. Contact her if you would like monthly reminders. All reports are up-to-date, and the September newsletter is ready to be put up on the Baronial webpage.

Web Minister - Lord Cyriac will make personal pages for all members of Baronial orders. Contact him to make arrangements.

Chatelaine - Baron Achbar is working on making a demo DVD, which will include interviews with local peers and notables, information about fighting, A&S, and service activities in the Barony.

Minister of Minors - Vacant

Canton Reports

Aire Faucon - Lord Jonathan reports that the Flight of the Falcon newcomers' event netted about \$150 in profit, and 15 newcomers. It was held at a new site that is very promising for future events.

Baelfire Dunn - Planning a Girl Scouts demo. Meetings are the second Sunday of the month.

Charlesbury Crossing - Meeting is the first Monday of the month at the Rhineland House in Charlotte.

Crois Brigitte - Planning to host Runestone Collegium in November.

Hindscroft - Working on planning for Wastelands.

Salisbury Glen - Participated in several demos at local libraries this summer.

Upcoming Events

Runestone Collegium - November - Crois Brigitte.

Hawkwood Baronial Birthday - first weekend in October.

Novice Tourney - second weekend in April at King's Mountain. This will also be Investiture. Baroness Kisaiya is the Autocrat. (Reminders for upcoming bid deadlines are posted to the Baronial elist during the last week of every month.)

Old Business

Lord Talorgen won the Baronial Pavilion in the Silent Auction.

New Business

Baron Achbar reported that he, Sir Marc and Lord Jonathan are working on bids for Desert Wind (date to be determined) and The Iliad, a fighting scenario event (second weekend in October, 2006) to be held in Elkin.

Mistress Idonea is the new Regional Seneschal.

A bid is being written for Banner Wars, including all 5 of the Southern Baronies to be held in Elkin the second weekend in May. Lord Otto is the Autocrat.

A bid is being written for an event combining In A Phoenix Eye and Runestone Collegium including participation by all 5 southern Baronies. Sacred Stone will host the 2006 event the 3rd weekend in July. Hawkwood will host in 2007 and Hidden Mountain in 2008.

Efforts are being made to fine tune a Southern Regional Calendar to aid in planning events to hold dates and avoid conflicts in preparation for event bids.

Thank you to the outgoing Seneschal, Lady Rozsa for a job well done.

Meeting adjourned at 10:40.

Report submitted by Baroness Susanna von Schweissguth, OL.

Savoury Toasted or Melted Cheese

Lord Otto von Schwyz



Digby p. 228

Cut pieces of quick, fat, rich, well tasted cheese, (as the best of Brye, Cheshire, &c. or sharp thick Cream-Cheese) into a dish of thick beaten melted Butter, that hath served for Sparages or the like, or pease, or other boiled Sallet, or ragout of meat, or gravy of Mutton: and, if you will, Chop some of the Asparages among it, or slices of Gambon or Bacon, or fresh-collops, or Onions, or Sibboulets, or Anchovis, and set all this to melt upon a Chafing-dish of Coals, and stir all well together, to Incorporate them; and when all is of an equal consistence, strew some gross White-Pepper on it, and eat it with tosts or crusts of Whitebread. You may scorch it at the top with a hot FireShovel.

Redaction:

Servings: 10

9 oz.	cream cheese
6 oz.	butter
3 oz.	Brie
to taste	white pepper

Melt the butter. Cut down the cheeses and stir into the butter over low heat. Blend together until the sauce is smooth and creamy. Pour over asparagus or any other vegetable of choice; or over toast. You can brown the top by broiling it in the oven for a minute or so.

Commentary:

Savory Toasted Cheese is truly one of the Barony's favorite dishes. It isn't often that I find a period dish that doesn't need work to make it acceptable to modern tastes. The original dish calls for a "quick, fat, rich, well tasted cheese"; the cheese of choice in this Kingdom is Brie. But any other strong flavored soft cheeses can do. I personally haven't tried any of the blue cheese family with this recipe but from my experience it would make this dish heavier. The key to this dish is to have a 3:2:1 ratio of cream cheese, butter, and cheese.

Now I have tried it with asparagus and have decided that this sauce will be my choice over hollandaise in my professional career. I have also incorporated about half a pound of cooked bacon with the rendered fat. I can report that it was a heart attack waiting to happen, it was just way too much fat to be used in one dish. Also, I have toasted the cheese. It is more practical in a small setting where you have more control over the serving dish to prevent anyone from getting burned. For those who have been in a professional kitchen, the idea of using a blow torch to caramelize to top for presentation might be a good idea for the future.

Bibliography:

The Project Gutenberg EBook of "The Closet of Sir Kenelm Digby Knight Opened" by Kenelm Digby, 1669. Ed. Anne MacDonel, August 5, 2005 [EBook #16441] <<http://www.gutenberg.org/files/16441/16441-h/16441-h.htm>>. September 22, 2005.

Gwynn Ap Nudd

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Gwynn Ap Nudd

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***"Who calls to me by the crone's black moon
On the shores of the sounding sea?
Who dares to cry as my quarry flies
With whining words to me?"***

"I bid you tarry, Huntsman dread
Who leads the ebon pack
I would you join, the hunt to ride
Along the midnight track."

*

***"Why do you seek my shades and me
On the dark heath all alone
Why should I not release my hounds
To rend you to the bone?"***

"I seek no more to be wounded sore
In the games of man and maid
I seek relief from both joy and grief
With mastiff, steed, and blade."

*

"What is left when love is flown,
When desire is left behind?
When even anger burns away
Far away as the fleeing hind?"

"What but the call of the horn so cold
Where the mist rises cold and sere
What but the chase to claim the souls
That the humans hold so dear?"

*

***"Who are the ones who rent your heart,
That you seek your death to lose?"***

"The joy of my life, the fire of my loins
And the last one I will choose."

"The first I found in the time of youth
And took her for my wife
She offered only contentment
Not the strength of a well-lived life."

"The second lay on the path to joy
From which one ne'er returns
She brought the fire of true desire
That does not heal, but burns."

"The third was less of humankind
Than e'er a man might hold
The joys she gave once fed me well
But now are empty and cold."

*

"What of the faithful hunting hawk
Who does not return to your hand?
What of the turn of tune or phrase
Which will not come at your command?"

"What of the life that passed me by
As I was by my mate betrayed?
The deadly blow not from a foe
But a gentle-hearted maid."

*

***"The price must be another's heart
To leave the world of man
You must choose the one,
And lay it beating in my hand."***

"The third one is ever beyond your grasp
The second rides by your side,
The one I choose with blood to pay
Must be my only bride."

*

"How long may I hope to ride
As you lead in the storm wind's blast
How long until all love and pain
Dies there in the distant past?"

***"As long as men submit to bend
To the leash of another's will
As long as they refuse to see,
And to love instead of kill."***



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