

# *The Phoenix*

*The Barony of the Sacred Stone*



*May 2006 AS XLIX*

*Volume 20, Issue 5*

Barony of the Sacred Stone, SCA, Inc.  
Kathryn Evans  
4493 Leepers Street  
Iron Station, NC 28080

# *Unto the Populace*

## **From the Baron and Baroness**

Onto the good gentles of Sacred Stone do we, Marc and Alianor, send warm greetings.

Again, we wish to thank all the people who made Novice Tourney such a wonderful day, despite the weather. The brightness and glory of the populace made the day warm and bright, and even the clouds and rain could not diminish it.

Some things took place during the day, which we wish everyone to be aware.

If you were unable to make it, you certainly missed the merriment of the day. It seems that a wayward Kittyhawk managed to cross our borders and wander deep into the lands Sacred to us, and was brought forth to Us during court. Demanding satisfaction to some supposed misdeed, Baron Geoffrey made challenges in armored combat, archery, rapier and equestrian, to Baron Marc, to be completed at War of the Wings... We think the good Baron of Windmaster's Hill knows not what he has done.....

As with all parents, Our children are very dear to us, and knowing that the children of the realm are our future and will carry the Dream to future generations, it is Our wish to encourage all of the youth of this good Barony. Following the pathway of our Dearest Queen, Seonaid, during evening court, we chose the first Youth Combatant Champion for Sacred Stone. The lovely Samantha will stand as such till Baronial Birthday, at which time a new Youth Champion will be chosen. Understanding the duties and growth of children, we have deemed that this Champion will rotate twice yearly, at Novice Tournament and Baronial Birthday. It was also announced that a Youth A&S Champion will also be chosen, at Baronial Birthday.

Baron Marc asks that all Combatants please contact him ([dgreen7@bellsouth.net](mailto:dgreen7@bellsouth.net)), to voice your intentions to fight at either (or both) Sapphire Joust and Pennsic, as he works to rally all to the banners of War.

As to the words of war. As the warm weather stirs the blood, again there is unrest in the north. Pennsic will near be upon us. At such time, We will answer the call of our King to discharge this threat so near the northern borders of Atlantia. At this conflict, land to house the populace will be procured and the banner of Sacred Stone be set. We ask that all wishing to camp within the protection of the Phoenix please contact the Camp Steward, Lady Caterine St. Loe ([mweymark@carolina.rr.com](mailto:mweymark@carolina.rr.com)), to proclaim their intentions and see to all the necessary formalities. We hope to see many there, rallying to the banners of Atlantia and Sacred Stone.

We hope all will enjoy the busy coming weeks, and all that they have to offer. Stay safe.

We remain, in Service to Sacred Stone and Atlantia

Marc and Alianor  
Baron and Baronne, Barony of the Sacred Stone.

# Regnum

Baron and Baroness, Marc d'Aubigny and Alianor atte Red Swanne  
D. Mark Green and Jean A. Wagner 616 North Mendenhall Street, Greensboro, NC 27401  
(336) 273-4931 (no calls after 10:00 pm, please)

## Baronial Officers

**SENESCHAL** - Master Robear de Bardoulf  
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milisandiauxorbran@yahoo.com

**KNIGHTS MARSHAL** - Duke Logan Ebonwoulfe  
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**ARCHERY MARSHAL** Vacant

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**EXCHEQUER** - Lady Lidia de Ragusa  
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Berry Williams; berryjw@yahoo.com

**MINISTER OF MINORS** - Vacant

**CHIRURGEON** - Vacant

**CHRONICLER** - Lady Katerina Sina Samovicha  
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**Deputy for Baronial E-List** - Lord Jonathan Blackbow  
David Ritterskamp, 515 East Ohio Ave. Bessemer City  
NC 28016; blackbow@carolina.rr.com

## **From the Exchequer**

Greeting unto the populace of Sacred Stone,

In June 2006, the Exchequer's warrant will expire. If you are interested in the position of the Baronial Exchequer, please contact Master Robear at [seneschal@sacredstone.atlantia.sca.org](mailto:seneschal@sacredstone.atlantia.sca.org).

YIS,  
Lady Lidia de Ragusa

# *Regnum*

## **Baronial Champions**

**HEAVY CHAMPION** - Sir Axel of Tavastia  
[wremes@carolina.rr.com](mailto:wremes@carolina.rr.com)

**RAPIER CHAMPION** - Raphael de la Rosa  
Chuck Farnsworth, [raphael\\_delarosa@yahoo.com](mailto:raphael_delarosa@yahoo.com)  
(828) 238-0240 no later than 10pm

**ARCHERY CHAMPION** - Christophe of Grey  
John Atkins, (336) 969-6206; [cogworks@triad.rr.com](mailto:cogworks@triad.rr.com)

**ARTS & SCIENCES CHAMPION** -  
Lady Maeve Griffinsward  
Janet Thompson; [gryphon@carolina.rr.com](mailto:gryphon@carolina.rr.com)

## **Order Principals**

**Order of the Sacred Stone** - Madonna Apollonia  
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**Order of the Phoenix' Eye** - Louise de La Mare  
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Cell (704) 996-3079 (Please don't call during work hours  
with SCA business, or after 10 pm)

**Order of the Phoenix Claw** - Lord Jonathan Blackbow  
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NC 28016; [blackbow@carolina.rr.com](mailto:blackbow@carolina.rr.com)

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Bonnie Harvey; [alesiaglfyn@juno.com](mailto:alesiaglfyn@juno.com)

**CROIS BRIGTE** - Lady Annora Hall  
Kathy Murphy

**HINDSCROFT** - Sarah of Hindscroft  
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**SALESBERIE GLEN** - Madonna Apollonia Margherita  
degli Albizzi  
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Salisbury, NC 28147 (704) 797-9409;  
[apollonia@carolina.rr.com](mailto:apollonia@carolina.rr.com)

# Barony of the Sacred Stone Regular Member's Meeting

## April 6, 2006

### King's Mountain, SC

Called to order by Master Robear at 12:15 p.m.

**Seneschal's Report:** A good was done by all.

**Exchequer's report:** Not present. Novice Tourney's attendance was well over the 150 person break-even point.

**Knight's Marshal:** Not present

**MoAS:** Novice Tourney was a fantastic day. The A&S activities were well attended, with many volunteers participating.

**MoL:** New Baronial MoL is Lady Alexandria Montgomery.

**Chatelaine:** The Newcomers class had great participation.

**Chronicler:** Please continue to send articles, Officer and Seneschal Letters.

**Webminister:** Lord Cyriac is looking for a new Calendar Deputy.

**A&S Champion:** Lady Maeve reported that yesterday's classes, the quality garb being worn and the entries in the A&S competitions and displays inspired her.

#### Canton Reports/Announcements

**Aire Faucon:** Working on Flight of the Falcon II, August 26, 2006. Lady Brianna will step up as Seneschal in the fall, Freiherrin Susanna was just warranted as Exchequer, and Lady Allegranza has submitted her warrant for Chronicler.

**Baelfire Dunn:** Putting together a Garb Workshop Day over an upcoming weekend. Looking at sponsoring a University.

**Charlesbury Crossing:** Working on a Siege Weapon event for late fall.

**Crois Brigitte:** Great turnout of members for Novice Tourney, especially in the Archery activities. The Elchenburg folks will be joining the canton soon.

**Hindscroft:** Wastelands will be held on June 24.

**Salisbury Glenn:** Sir Axel asks that we all drink Cheerwine.

**Old Business**

Storage Building: Lord Alain reported on several businesses he checked out and recommends 2 of them as being suitable. A motion was made to approve funding for a 10' X 10' area for \$55 per month and necessary shelving for fragile and delicate items. Motion was seconded and passed by voice vote.

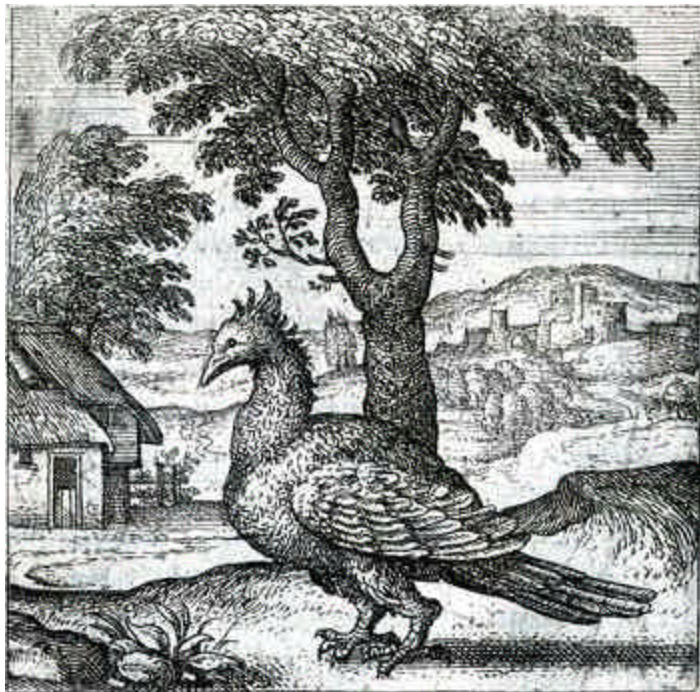
**New Business:** none

**Announcements:** It is important to keep contact info on web pages up-to-date.

Baron Marc and Baronne Alianor thanked the entire Barony for making Their Investiture and Novice Tourney so successful.

Adjourn time 12:43 p.m.

Freiherrin Susanna von Schweissguth, OL



*To write this, I did some research on just what the Code of Chivalry is, and found it rather interesting. There are a number of period texts that speak of the chivalric virtues, and none of them seem to agree on just what they are. There are common themes, however, and I tried to touch on most. I'll be writing up some of the research as I get the piece polished, which will come in another article.*

## **The Code of Chivalry**

a Work In Progress by Talorgen nei Wrguist

So you would be a Knight, my friend  
First walk a pace with me  
To have discourse upon a code  
The Code of Chivalry

This is the highest accolade  
We hold for fighting, true  
Yet strength of arm and skill with blade  
Alone just will not do

Your might it will be tested, sure  
But that is not enough  
You guard this dream that we all share  
Your path it will be rough

Show Courtesy to all you meet  
Be they peasant, Knight, or King  
Show all the most that you can give  
The best that you can bring

The Franchise of a Knight, of old  
To hold and stand apart  
The noblest of fighting men  
To take and look the part

But in this current game we share  
Your Franchise is our dream  
Uphold it well and ever stand  
To live and look the dream

The virtue next of Measure hold  
Meet strength with equal due  
And smallest slight dismiss, as t'were  
A gnat to such as you

In all your dealings, Honesty  
Uphold as Honor's base  
And know in all adversity  
You will proudly show your face

Add Faith and Courage, Loyalty,  
And Largesse to thine code  
Tis not the simplest of paths  
Ye strive to walk and hold

For Chivalry is all these things  
And still there is more, tis true  
To be a Knight, true Chivalry  
It must reside in you

# Two Warriors in the Woods

By Katerina Sina Samovicha

*This tale is but one of many legends concerning the founding of these lands. It serves as a reminder that things are not always as they once were or are now. Friends can turn to enemies, but enemies can also work as friends. And the past should never be disregarded.*

Before these lands had a name, when both the woodlands and the people were still wild, the Phoenix and Kittyhawk would go hunting together. They would soar from the mountains to the sea and over the forests and the fields of this land.

It was while they were out hunting one day that they happened upon two warriors locked in a fierce combat. The woods rang with the sound of steel on steel as they battled, perhaps to the death.

One was a handsome knight dressed in shining platemail. His helm showed few dents and was well tended, as was the rest of his armor. He fought with a two-handed broadsword that had obviously known years of use at a skilled hand. He carried himself with a confidence gained only by experience and must have been a great leader of men.

His opponent was a female warrior who was no less fierce for her all her beauty. She wore a shirt of chainmail and a gleaming helm from which underneath hung a long, golden braid of hair and she wielded a shortsword in expert hands that were gloved in white calfskin. She moved with lightning speed that made up for her disadvantage in size and weight and there was a grace about her that would make the finest dancer weep with envy.

The Phoenix and Kittyhawk watched the contest with great fascination. Despite the difference in sex, both warriors seemed well matched and to have great skill. They both carried themselves with confidence and experience and fought with honor and nobility.

The warriors seemed to be beginning to tire, yet it was still unclear as to the outcome of the battle. However, the Phoenix and Kittyhawk agreed that it would be a shame for either combatant to be slain.

As the two mortals were locked in combat, suddenly the Kittyhawk swooped down between them and knocked the blades from their hands. The warriors fell to the ground in stunned amazement as the Kittyhawk flared its great wings and stood before them in all its magnificence. White wings and fur shone as bright as the noon sun and power seemed to radiate outwards.

Before the two warriors could recover themselves, the Phoenix flew down and began to sing the sweetest song ever heard by mortal ears. The song seemed to speak of the very essence of beauty, life and love. The warriors were so touched by the song that they lost all their will to battle. They both removed their helms and looked at each other. In the presence of those two Great Beings, and with the Phoenix's song echoing through the woods, there was now an unbreakable bond between them. Shortly after, they would marry and form a great kingdom, but their marriage truly began on that day.



Their kingdom prospered and flourished and civilization came to these lands. Knights and warriors now held tourneys to show their prowess instead of war. Artisans created beautiful works of art in every medium. Bards wrote great ballads of brave deeds and beautiful maidens.

But, the Phoenix and Kittyhawk both sought to claim credit for the flourishing kingdom. They demanded the king and queen choose one deity to honor and pay homage to. But the king and queen refused to choose, for they did not wish to offend either. The two deities grew annoyed but there was little they could do.

In time, the queen gave birth to twin sons and the Phoenix and Kittyhawk saw a solution. They would each claim one of the children and be their patron. As the children grew they would be loyal only to either the Phoenix or the Kittyhawk.

The king and queen continued to honor both of the Great Beings and tried to insist that both of their sons do the same. Yet, as each child flourished under their respective patron, factions formed between them. And when the old king and queen passed away, their heirs split the kingdom into two different baronies.

The two baronies, called Sacred Stone and Windmaster's Hill, knew both times of peace and times of war. Yet, few remember that it was because the Phoenix and Kittyhawk worked together that these lands were ever settled.



# Getting Better



“I shoot but I never improve. How do I get better?” Of course the most obvious answer to that is practice, practice, practice. BUT, practice consistency. “But I don’t have a range I can shoot at.” OK, go back to the first article I wrote in this series. There really is no excuse for not practicing if YOU really want to get better.

If your goal is to improve your Royal Round scores then the real secret to improvement is simply practicing shooting at the known Royal Round distances of 20, 30, 40 yards. But a few pointers may help. The objective is a perfect round, all arrows in the gold. So use small paper or foam plates you can get at Sam’s – 200 for about \$10. Aim small, miss small. Practice for the speed rounds requires different strategies. First off let’s admit that shooting ten arrows down range that miss the target are not as good as shooting three arrows down range that all score five points each! Next, don’t rush and don’t fluster! While we are supposed to nock an arrow with the cock vane away from the bow with feather fletches it really doesn’t matter. Feathers deflect easily and will not cause excessive arrow kick causing the arrow to wag it’s way down range. I practice speed rounds two ways. First without a rush I nock an arrow. The bow is down and my draw hand is placed on the string. Then I sight down range to concentrate on the target. I then quickly raise the bow, draw and release all in one quick smooth move. I’ll shoot two or three ends of 12 arrows each using the complete draw, aim, release flow. The objective is to get comfortable drawing, aiming, releasing in a smooth flowing motion while hitting what you are aiming at. To increase your arrow nocking speed, grab the arrow by the nock, not the shaft. I see folks trying to nock an arrow while holding the arrow by the middle of the shaft. Hard to direct the nock onto the string this way.

Now for the champion shoots, shoots held at war for war points and/or novelty shoots at events we have to practice differently. My favorite practice is to use an eight inch foam square. I toss it out at 20 yards and try to put four arrows in it. The beauty here is that only the first hit occurs at a known distance. The block moves to an unknown distance due to being hit. I have also found that more than four arrows causes you to start splitting arrows as they hit each other in the block. You can also just toss empty one gallon plastic milk bottles out. Again, more than two arrows each and you stand a good chance of splitting shafts.

Stumping is the “official” archery term for this unknown distance shooting. You walk through an area with a friend. As you spot something, a leaf, a dead tree, a log, a piece of trash, you challenge the other archer to hit that item. If you choose to do stumping I would highly suggest investing in bird blunts. You can get these in the same grain weights as your field points so the arrows will have the same flight characteristics as your target arrows. However the blunts prevent the arrow from submarining under brush such that it takes hours to find them. My stumping shafts are painted fluorescent pink with white fletches and nocks for high visibility.

Until next time, shoot straight,  
Christophe of Grey

This is the Phoenix, Volume 20, Issue 5, May 2006, a publication of the Barony of Sacred Stone of the Society for Creative Anachronism, Inc. The Phoenix is available from the Baronial Chronicler, Kathryn Evans, 4493 Leepers Street, Iron Station, NC, 28080.. This newsletter is not a corporate publication of the Society for Creative Anachronism, Inc. & does not delineate SCA policies. © 2006, Barony of Sacred Stone, SCA Inc. For information on reprinting from this publication, please contact the Baronial Chronicler, who will assist you in contacting the original creator of this piece. Please respect the legal rights of our contributors. All Artwork, articles & cartoons used herein are used with the permission of the creator or artist.

# Below the Salt

May 12-14, 2006

Yes Good Citizens of our Fair Kingdom of Atlantia, Below the Salt is back again!! That's right! And this time we are going to go FURTHER below than we did last year!! Still don't know how to address the guy with the really cool looking crown?? Then come on out and rub elbows with the Commoners and Peasantry in the humble country fair that the populace of Baelfire Dunn call THE party of the YEAR! No court, no titles, no drama, just fun for everyone!!

**Event site:** Fort Defiance 1792 Fort Defiance Dr. Lenoir, NC 28645

**Heavy Fighting:** This year we have a Grand Melee!! Come out and beat the snot out of your buddy and then cool off later with an ice cold beer, um ...beverage! Anyway, we will also be having three tournaments, including a Greybeards tourney sponsored by Sir Godfried and a silver chalice tourney sponsored by Baron Achbar!

**Rapier Fighting:** For those of you who were at last years event you may remember the tavern. Well its a much less rough place now that the Corsairium has stepped in for security, but we still have some ruffians about. So we decided to give them a Grand Melee as well in the hopes that they will be far to tired to get rowdy later in the evening.

**A&S:** The brewing contest last year was a resounding success and I have already heard of gentles preparing their brews for this one! Bring your best! Bring your worst! Also, we will be having a Peasant Garb Fashion Show! Extra points will be given for authenticity, but points will be deducted for particularly strong odors!

**Gaming Contest:** The gaming contest was SO popular that I am afraid of what would happen to me if it wasn't brought back! So once again we will be handing out (fake) coins at troll and those with the most coins at the end of the day on Saturday will receive hand-painted banners of Spike!

This is a camping only event however there are local hotels only minutes down the road in the city of Lenoir.

**Autocrat** - Edward Shirebrooke (Rick Dawman) reaver@compascable.net

**Reservationist** - Reyna Camlo (Robin Dawman) reyna@compascable.net 117 Gant St. Morganton, NC 28655 (828) 443-3459

Reservations - Please make checks payable to "The Canton of Baelfire Dunn/SCA, Inc." Be sure to **include your society AND modern names** as well as your **membership number** if you are a member. Feast is limited, if you wish to be on board, send in your reservation early.

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## Directions:

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Take your best route to Hwy 321 toward Lenoir, NC.

**From the South:** Continue on Hwy 321 through the city of Lenoir. Approximately 3.5 miles after the last traffic light in the city you will come to a flashing yellow light, turn right onto Hwy 268. (*Continue below.*)

**From the North:** As you approach the city of Lenoir on Hwy 321, look for the flashing yellow light and turn left onto Hwy 268. (*Continue below.*)

Travel on Hwy 268 for 9/10 of a mile, turn right. (Staying on Hwy 268.) Continue for 4.5 miles before turning right into Ft. Defiance.

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# The Phoenix Triumphant T-shirts



## Order Form

Date: \_\_\_\_\_

Name: \_\_\_\_\_

Email address/phone: \_\_\_\_\_

Description	Color	size	Quantity	Price each	Total Price
T-shirt					
Long Sleeved T-shirt					
Zipped Hoodie					
Sweatshirt					
				Total	

### Prices:

T-shirts (S, M, L, XL) - \$15

(XXL - \$16.50, XXXL - \$17.50)

Long Sleeved T-shirt (S, M, L, XL) - \$17

(XXL - \$18.50, XXXL - \$19.50)

Zipped Hoodies (S, M, L, XL) - \$20

(XXL - \$21.50, XXXL - \$22.50)

Pull-over Sweatshirts (S, M, L, XL) - \$20

(XXL - \$21.50, XXXL - \$22.50)

The profit from each shirt sold (\$3) will be donated to the Barony at War of the Wings I.

Make checks payable to "Jesse Evans."

Mail completed order form to Jesse Evans, 4493 Leepers St., Iron Station, and NC 28080.