

The Phoenix

The Barony of the Sacred Stone



*June 2006 ASXLI
Volume 20, Issue 6*

Barony of the Sacred Stone, SCA, Inc.
Kathryn Evans
4493 Leepers Street
Iron Station, NC 28080

Unto the Populace

From the Baron and Baroness

Unto the populace of Sacred Stone do we, Marc and Alianor, send greetings.

The last month has seen much activity. We have been warmed to see many wonderful people from home, in our travels, enjoying themselves and all the Spring events have had to offer.

Our hearts swelled with pride as we had the good fortune to watch Duke Ragnarr and Lady Anneke succeed in Atlantia's Crown Tournament to become the Heirs of Atlantia.. VIVAT to Prince Ragnarr and Princess Anneke!!

June will see us at His Majesties Assessments and encourage everyone to come out to Hindscroft's Wastelands in Elkin. It is looking like it will be a fun day at the Castle. We hope to see many of you there.

Lastly, soon the final registration deadline for Pennsic will be upon us. If you would like to camp with Sacred Stone, please contact Lady Catherine St. Loe and let her know you have sent your registration in, and she will be happy to pass on all the information you will need.

We hope to see you all soon.

Be safe and have fun.

We remain,
Marc and Alianor
Baron et Baronne, Barony of the Sacred Stone

From the Exchequer

Greeting unto the populace of Sacred Stone,

In June 2006, the Exchequer's warrant will expire. If you are interested in the position of the Baronial Exchequer, please contact Master Robear at seneschal@sacredstone.atlantia.sca.org.

YIS,
Lady Lidia de Ragusa

From the Castellan

We have a ConCarolinas Demo in June. There are more demos in the works. If there is any way I can assist you such as teaching New Comers at your events, please let me know.

Achbar

From the Chronicler

Greetings all,

Thank you to Freiherrin Susanna and Lord Christophe for their articles this month. This month's installment of the War of the Wings stories is from Lord Dunstan from Windmaster's Hill and is a beautiful song that he wrote. I hope you are all looking forward to hearing it as much as I am!

Always in service,
Katerina

From the Warlord

I have a task ahead of me. That is to lead the Barony's forces in times of war. This means we as a barony must train in peace. We have a monthly Baronial Fighter Practice. Come out and fight and let us all sharpen our melee skills.

Achbar

Regnum

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Regnum

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Not Long Ago or Far Away

By Dunstan LeHerymongre

C
Not long ago or far away
C Am G
They were two lands of great renown
F C
Windmasters' Hill and Sacred Stone
F G7 C
Where love and honor could be found

In Sacred Stone there dwelt a maid
Of noble heart and beauty bright
Who loved the Phoenix of her land
And was her Barony's delight

Windmasters' Hill was home to one
A lord of faith and courage, too
Who Held the Kittyhawk on high
And walked a path both straight and true

The day the lady met the lord
Each stood and gazed in ecstasy
Each in their wonder did forget
That love between them could not be

For both their lands were now at war
Their soldiers clashed, their Barons boomed
But love they did; as lovers will
Although their love was ever doomed

And so they hid their love away
They met in corners dark and dim
They could not let it be made known
That he loved her and she loved him

One day he came unto her land
And they went to her Baron Strong
And asked his blessing for there love
And he would move to Sacred Stone

But this great man he looked and frowned
And in grave voice he counseled then-
"No maiden of the Sacred Stone
Will be defiled by Eastern men"

And so they fled unto his land
And they went to his Baron brave
And they did make the same request
So that there love they both could have

But he did rant and he did rave
And railed against their simple plan
He said no maiden from the west
Would be allowed to wed this man

And so they fled from both their homes
In hope of finding middle ground
Though both in truth knew that ahead
Their path was bleak and sorrow bound

So in a place called Elchenburgh
They shared a short-lived paradise
They knew that soon their time would end
But each good fortune has its price

And then one day they saw two troops
One from the east; and one the west
And they knew war was coming soon
And it would end their lovers rest

And so they climbed unto a height
And built a pyre and they prayed
To Phoenix and to Kittyhawk
In hopes their love could still be saved

And as the soldiers fast approached
Both Noble creatures heard the pleas
They told the two of just one way
That they could find a lasting peace

And so the two stood up aloft
The Lord did lean into the wind
And, lo the breezes took him off
And he was never seen again

And she did stand beside the pyre
Upon her face there was no fear
And as she leaned in to the flames
They took her and she disappeared

Then both were gone, but not for good
For it is said in both their lands
Wherever breezes fan the flames
It is two lovers holding hands

Not long ago or far away
They were two lands of great renown
Windmasters' Hill and Sacred Stone
Where love and honor still are found

Double Face / Double Turn (2F/2T) Card Weaving

Freiherrin Susanna von Schweissguth, OL
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Double face/double turn card weaving is a fast and fun way to make bookmarks, garters, trim and other narrow bands. If you have an inkle loom, a back strap loom, or a 2-beam loom and a warping board, and a basic knowledge of card weaving, this handout should help you in figuring out this technique. Contact me with questions or for more information.

Setting Up 2F/2T:

Warp your loom by threading cards with 2 contrasting colors. Keep each color adjacent to itself. You can use a solid border or a different design for the border. (The WOWI band does not have a border design.)

S/Z orientation - Position cards so that they are alternately S and Z. It isn't important which one you start with. If you are using a border, that may be set up differently.

Weaving Sequence - There are several steps that involved with each unit of weaving...

1. The 2 light and 2 dark threads are vertical. Determine which cards will be used to form background. Push those away from your body. Determine which cards will form the design. Pull those toward your body. You now have two packs, one close, one far.
2. Turn the far pack so that the background color is to the top. Turn the front pack the opposite direction. (The turning relationship could be described as 'to the inside' or 'to the outside'.)* Throw your shuttle.
3. Turn the two packs in the same respective directions, i.e. 'inside' or 'outside.' Throw the shuttle.
4. Note that all the cards have their threads in the same position. Push the two packs together and go to Step #1.
5. This entire sequence needs to be completed for each row of your charted design.

BIBLIOGRAPHY

Collingwood, Peter. THE TECHNIQUES OF TABLET WEAVING, Robin & Russ Handweavers, Inc.: McMinnville, OR, 2002. ISBN: 1-56659-055-8.

Crocket, Candace. CARD WEAVING, Interweave Press: Loveland, CO, 1991. ISBN: 0-934026-61-0.

Useful Internet Links

<http://www.guntram.co.za/tabletweaving/>

<http://www.lindahendrickson.com/>

<http://www.cs.vassar.edu/~capriest/dfdt.html>

* Thank you, Lady Brianna O'Dunne. :-)

Storing Your Equipment

Thus far we have discussed technique and other aspects of archery. But what do you do with your equipment between shoots? Storing your equipment in proper fashion is just as important as shooting techniques.

How to store your bow. I don't recommend back stringing your bow during storage. This means stringing the bow string from tip to tip on the back side of the bow – the side that faces the target when shooting. This often results in a twisting of the bow limbs and also could lead to untwisting of the string thereby changing your brace height each time you string your bow. I suggest instead using a string keeper. This is a simple device that keeps tension on the string that has been slid down the upper bow limb to release the tension on the bow. You can use elastic cord, a small leather pouch fitting over the limb tip with a tail that wraps around the string, or a knot on the bow limb to keep the string from sliding further down the limb. The knot is usually a decorative knot like a Turk's head or similar.



You can hang your bow by the string from the top limb on a coat rack or suspended between two pegs horizontally. I personally store my bows hanging from a coat rack in the garage by their strings, top of the limb.

To store your arrows it is best if you have an arrow box. This is a box that stores the arrows horizontally. Each arrow fits in a notch/groove in a piece of cardboard or foam such that each arrow is supported at two points. An alternative is to get a cardboard box, turn it upside down and punch holes in it. Place your arrows point down in this box such that the box keeps the arrows standing point down, fletches up. Arrows that are stored flat will warp.

Store your bows and arrows in an area that has low humidity and constant temperature.

You should be applying bow string wax to your bow string about every other time you shoot. You can purchase special bow string wax or just use bees wax. Apply a good generous coating then rub it in with your fingers by briskly stroking the string. Be sure the serving areas get covered as well.

Lately I've been applying silicone spray to my arrow shafts. I spray a rag then rub the shafts and store them. The silicone soaks in/dries on the shafts for next time. The silicone makes the arrows easier to extract from foam targets. Don't know if there is any scientific truth to this, but they also seem to fly better. Maybe it's just the "look good, feel good, shoot good" factor.

Treat your quiver and arm guard as you would a good pair of shoes. These items are typically made out of leather and need a coating of shoe polish now and then. Neutral shoe polish works just dandy and does not change the color of your equipment. If your glove is made out of leather you could try washing it with saddle soap. Any type of leather treatment on the finger tips coming in contact with the bow string would not be a good thing. Usually we just use gloves until they become too nasty to use then replace them. Tabs last longer as we don't typically sweat in them.

Until next time, shoot straight,
Christophe of Grey >>>~~~~~>

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(XXL - \$21.50, XXXL - \$22.50)

The profit from each shirt sold (\$3) will be donated to the Barony at War of the Wings I.

Make checks payable to "Jesse Evans."

Mail completed order form to Jesse Evans, 4493 Leepers St., Iron Station, and NC 28080.